

WHAT WORKS for parents with intellectual disabilities? Research on parenting support

Published: 10-06-2010

Last updated: 03-05-2024

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON34628

Source

ToetsingOnline

Brief title

What Works

Condition

- Other condition

Synonym

intellectual disabilities

Health condition

verstandelijke beperkingen

Research involving

Human

Sponsors and support

Primary sponsor: Vrije Universiteit

Source(s) of monetary or material Support: ZonMW

Intervention

Keyword: Intellectual disabilities, Parenting

Outcome measures

Primary outcome

In study 1 relations are investigated between the inclination to ask and accept professional parenting support as a dependent variable and working alliance with the professional caretaker, level of adaptive functioning and reading skills, former experience with service providers, perceived need for support and more objective indicators of need for support as explanatory variables. In study 2, the effects of the VIPP-intervention on sensitive responsiveness, positive discipline, parent-child interaction and parenting stress will be investigated. Explanatory variables from study 1 will be used as control variables in study 2.

Secondary outcome

n.a.

Study description

Background summary

Becoming a parent is one of the most intense transitions in a person's life. A small but increasing number of persons with intellectual disabilities (ID) also experiences this transition. Research shows that children of parents with ID are at significant risk for maladaptive parenting, including abuse and neglect. Although there is a clear need for parenting support for people with ID, a

large proportion of parents with ID is not reached with parenting support or deems the support offered as unhelpful. Little is known on how to make support more effective for parents with these difficulties.

Study objective

The general objective of this study is to get more insight in determinants of effective parenting support to parents with intellectual disabilities. Based on this general objective, we distinguish two studies within the project: The goal of study 1 is to elucidate why some parents with ID more readily ask for and accept support, an important variable strongly related to good-enough parenting. The goal of study 2 is to show the extent to which central parenting skills are malleable in parents with ID, using state of the art parenting skill interventions adapted for parents with ID.

Study design

A cross sectional study will be done investigating the factors influencing asking and accepting support by parents (N=200) with ID. From this sample, parents experiencing the highest level of child-related parenting stress are selected (N=120) to address the second goal of the study. In this selected sample, a randomized controlled trial will be undertaken of an intervention to improve parenting skills.

Intervention

The VIPP-SD intervention, Video-feedback Intervention to promote Positive Parenting-Sensitive Discipline (Juffer, Bakermans-Kranenburg & van IJzendoorn, 2008) will be investigated. This is a protocol for a brief and focused home-based parenting intervention program, utilizing videotaped interactions of the parent and child involved and video feedback. VIPP-SD focuses on sensitive responsiveness and gentle discipline.

Study burden and risks

In the first part of the study, parents are burdened with a set of questionnaires with an estimated time investment of 3 hours. None of the questionnaires used are expected to be a risk for the participants. The tasks used for video-observation of parenting skills and parent-child interaction (in the experimental and control condition) in the second study can possibly cause some frustration in both parents and children, but this burden is seen as in proportion with the possible gains for parents and children who receive the intervention. In order to make an inventory of possible burdens and frustrations, a small scale pilot study will be done at the start of the study supervised by parents with ID. The study method will be refined to limit these

burdens and frustrations as much as possible in the main study.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

1. The mother has Intellectual Disabilities (ID, IQ 50-70) or Borderline Intellectual Functioning (BIF, IQ 70-85).
2. At least one of the children is between age 1.0 and 6.11 till (follow-up) measures are completed.
3. The parent(s) and the child(ren) have a stable housing situation.

Exclusion criteria

1. All children have reached age 7 or will reach age 7 within 6 months.
2. The target child is placed out of the home.
3. The target child has classic autistic disorder.
4. There is an acute report at the Child Protection Board (CPB, in Dutch: Raad voor de Kinderbescherming) because the child's safety is at issue.;Exclusion criteria 2 to 4 can occur or come to light during the course of the study. The study will in these cases be discontinued, and new participants will be recruited.;For families who are considered for participation in Study 2, one exclusion criterion is added:
5. The family is receiving video-home training already.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

Primary purpose: Prevention

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	11-06-2010
Enrollment:	200
Type:	Actual

Ethics review

Approved WMO	
Date:	10-06-2010
Application type:	First submission
Review commission:	METC Amsterdam UMC

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL31934.029.10