

# Longterm Effects of Intraarticular Hyaluronan vs Corticosteroid in Osteoarthritis of the Hip: A Randomized Controlled Trail

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Will the hyaluronan acid injections have impact on painreduction en functional improvement?

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Will not start
<b>Health condition type</b>	Joint disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON34660

### Source

ToetsingOnline

### Brief title

Hyaluronan vs corticosteroid injections in coxarthrosis

### Condition

- Joint disorders

### Synonym

arthritis of the hip, coxarthrititis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Medisch Centrum Leeuwarden

**Source(s) of monetary or material Support:** Biomet

## Intervention

**Keyword:** corticosteroid, coxarthrosis, hyaluronan, longterm effects

## Outcome measures

### Primary outcome

The primary purpose of the study is to determine the difference in pain reduction and functional recovery between the researchgroups.

### Secondary outcome

1 and 2 years after randomization, an assessment will be carried out in which the percentage of patients in each group that recieved a THP is calculated.

In addition, radiological progression during outpatient visits evaluated by X-ray (every half year) will be assessed.

A possible effect of hyaluronic acid in negatief recent exacerbation of arthritis is analyzed.

## Study description

### Background summary

Conservative treatment concerning coxarthrosis has been limited to pain medication and physical therapy. Also known are the positive short term effects of intra-articular injections with corticosteriods and hyaluronan acid. However the long term effects are unknown.

### Study objective

Will the hyaluronan acid injections have impact on painreduction en functional improvement?

### Study design

Multi centre randomised, blinded and prospective trail. consisting three

groups; (I) Hyaluronan acid (HA), (II) Corticosteroids and (III) Control group.

## **Intervention**

Group I will receive 2ml hyaluronan acids and 3ml lidocaine. Group II will receive 2ml corticosteroids and 5ml lidocaine. Group III will receive 5 ml Lidocaine. This every 3 months.

## **Study burden and risks**

X-ray radiation during injections. Injection itself can be experienced as painful, with a very small chance of infection.

## **Contacts**

### **Public**

Medisch Centrum Leeuwarden

H. Dunantweg 2  
8934 AD Leeuwarden  
NL

### **Scientific**

Medisch Centrum Leeuwarden

H. Dunantweg 2  
8934 AD Leeuwarden  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

above 18 years-old  
symptomatic coxarthrosis  
signed informed consent

## Exclusion criteria

bad health  
ipsilateral gonarthrosis  
clinical significant neurovascular disease  
former surgical procedures of the hip  
osteonecrosis, osteomyelitis of the hip  
Contraindications to components of Fermatron, Depomedrol or lidocaine

## Study design

### Design

Study phase:	4
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Will not start
Enrollment:	300
Type:	Anticipated

### Medical products/devices used

Product type:	Medicine
Brand name:	Depomedrol

Generic name: methylprednisolone  
Registration: Yes - NL intended use

## Ethics review

Approved WMO  
Date: 17-09-2010  
Application type: First submission  
Review commission: RTPO, Regionale Toetsingscie Patientgebonden Onderzoek (Leeuwarden)

Approved WMO  
Date: 14-12-2010  
Application type: First submission  
Review commission: RTPO, Regionale Toetsingscie Patientgebonden Onderzoek (Leeuwarden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2010-022106-40-NL
CCMO	NL29912.099.10