# Study of the pH profile in the human gastrointestinal tract, using an ingestible electronic device: the iPill

Published: 04-06-2010 Last updated: 04-05-2024

To study in healthy human volunteers safety of the iPill system. Secondary objectives are recording of pH and temperature of the gastrointestinal tract. To investigate the measurement and communication functionality of the iPill system

**Ethical review** Approved WMO

**Status** Recruitment stopped **Health condition type** Other condition

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON34774

#### Source

ToetsingOnline

#### **Brief title**

Clinical study with iPill

#### **Condition**

- Other condition
- Gastrointestinal conditions NEC

#### **Synonym**

normal values temperature and pH digestive tract

#### **Health condition**

small bowel disorders

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor: Philips** 

**Source(s) of monetary or material Support:** Philips Research; Elndhoven

#### Intervention

**Keyword:** digestive tract, human, ingestible electronic device, pH profile

#### **Outcome measures**

#### **Primary outcome**

Safety:

\* recording any signs of iPill retention, gastrointestinal bleeding or

perforation

\* studying structural and functional integrity of the iPIII after

gastrointestinal passage

#### **Secondary outcome**

Recording of pH, temperature and time during the iPill\*s passage through the gastrointestinal tract (max 26 hrs). Testing two way communications: sending pH/temperature/time data to a remote data recorder worn on the subject\*s body and receiving a signal to reprogram the iPill\*s behaviour reducing the pH/temperature sampling frequency.

# **Study description**

#### **Background summary**

Traditionally, the design of drugs for enteral delivery is based on chemical characteristics that determine the site of absorption. For example drugs that require absorption in the small bowel may have a coating that helps the drug to pass the stomach without being changed or absorbed. However, highly predictable delivery and exact dosing of drugs at specific sites in the gastrointestinal

(GI) tract is difficult to accomplish with the present drug delivery systems. The iPill is a newly designed remotely monitored and controlled experimental electronic drug delivery device that may release the contents of a container into the gastrointestinal lumen at a location, based on information about changes of the intraluminal pH. Intraluminal pH follows a characteristic pattern. In the mouth and esophagus the pH is about neutral. In the stomach the pH is low because of the secretion of gastric acid. Upon passage through the pylorus the pH rises sharply because of the supply of bile and pancreatic juice in duodenum. From jejunum to distal ileum the pH rises slowly to about pH 7-7.5. In the colon the pH is somewhat lower. During passage through the ileo-cecal valve a drop of 1-1.5 pH is measured. By measuring pH, two marker points in the GI tract can be detected, namely the pylorus and the ileo-cecal valve. The residence time and drift velocity of larger particles is about constant (residence time 4-5 hours, drift velocity about 1 m/hour). In between the marker points the position of a device in the small intestines can be translated in time. E.g. two hours after a sharp rise in pH means 2 m from the pylorus.

The iPill system consists of an ingestible electronic device, a portable unit, a start-up unit and software. The iPill has three functions:

- 1. measuring pH and temperature in the lumen,
- 2. wireless two way communication in order to transmit the measured data to the outside world and to receive commands and
- 3. dispensing medication at a predefined location in the gut. The portable unit relays wireless the information from the iPill to a control station and from the control station to the iPill. The software installed on the control station makes it possible to read out real time the measured data on pH and temperature and to control the medication dispensing of the iPill. The iPill will be delivered in two parts, namely an electromechanical part and the medication container. Prior to use these two parts are clicked together and after that ready for use.

#### Study objective

To study in healthy human volunteers safety of the iPill system. Secondary objectives are recording of pH and temperature of the gastrointestinal tract. To investigate the measurement and communication functionality of the iPill system

#### Study design

Observational study

#### Study burden and risks

The study requires ingestion of the iPill after an overnight fast and wearing a belt with a data recorder and relay unit for 26 hours. Volunteers need to come

to the study centre for a screening visit, at T=0 for ingestion of the iPill (total stay: 10 hours) and at T=26 hours. Volunteers are asked to retrieve the iPill after excretion in the stool. If they haven\*t retrieved the iPill at the 26 hours visit, they should come back once more to return the retrieved iPill. Similarly sized pills have been shown to have an extremely low risk of retention in the gastrointestinal tract. No other risks are anticipated.

## **Contacts**

#### **Public**

**Philips** 

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**Philips** 

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Healthy volunteers 18-55 yr old Informed consent Weight less than 100 kg.

#### **Exclusion criteria**

Subjects with known or suspected gastrointestinal strictures, including (suspected) Crohn\*s disease

Subjects with pacemakers or other implanted electro-medical devices

Subjects with swallowing disorders

Pregnancy (females) or unwillingness to institute anticonceptive measures (males and

females) until > 1 month after study termination

Subjects using acid reducing medication

Subjects using NSAID\* s

Subject with known cardiopulmonary or any other gastrointestinal disorders

Subjects with ASA > 1

# Study design

## **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 20-07-2010

Enrollment: 10

Type: Actual

## Medical products/devices used

Generic name: ingestion of an electronic device

Registration: No

## **Ethics review**

#### Approved WMO

Date: 04-06-2010

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 26-07-2010

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL30492.041.09