

# Wear rate of a Highly Cross-Linked polyethylene stabilized with vitamin E in Total Hip Arthroplasty.;A Randomized Controlled Trial

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2.1 Primary objective To compare the wear rate 24 months after THA of HXLPE stabilized with vitamin E versus conventional UHMWPE for total joint arthroplasty. 2.2 Secondary objectives 1. To compare the wear rate at 3, 12 and 24 months after THA between...

<b>Ethical review</b>	Not approved
<b>Status</b>	Will not start
<b>Health condition type</b>	Joint disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON34827

### Source

ToetsingOnline

### Brief title

HipVit

### Condition

- Joint disorders
- Bone and joint therapeutic procedures

### Synonym

coxarthrosis, hip arthrosis

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Diaconessenhuis Utrecht

**Source(s) of monetary or material Support:** Clinical Orthopedic Research Center (onderdeel van maatschap Orthopedie Diaconessenhuis)

## Intervention

**Keyword:** polyethylene, total hip arthroplasty, wear

## Outcome measures

### Primary outcome

The primary final study point is the polyethylene wear rates. Measuring is based on anterior-posterior (AP) radiographs at 3,12 and 24 months using a computer-assisted edge-detection system (ROGAN Delft, VPX ortho)

The software calculates femoral head displacement (mm) and the angle ( $^{\circ}$ ) as a representation of wear.

### Secondary outcome

Harris Hip Score, reflecting both function and pain The subjective variables are pain activities of daily living. The objective variables are range of motion and hip positioning which give a total of 100 points. ROM includes flexion, extension, abduction, adduction, external rotation and internal rotation measured using a goniometer

Pain level will be determined using a 10-point Visual Analog Scale (VAS), in which 0 implies no pain and 10 implies the worst possible pain.

The Short-Form 36 (SF-36), is a validated multi-purpose, short-form health survey with 36 questions, representing eight health domains that are combined

into a physical and a mental component scale.

The Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC) is a 24-item questionnaire completed by the patient and focusing on joint pain, stiffness and loss of function related to osteoarthritis of hip.

Functional status and activity level will be assessed with the Short Questionnaire to Assess Health-Enhancing Physical Activity (SQUASH).

Complication rates: infection, neurovascular injury, malpositioning of the prosthesis, aseptic loosening of the prosthesis and dislocation.

## Study description

### Background summary

Total hip arthroplasty is a widely successful procedure, nevertheless their survivorship has been limited by aseptic loosening and osteolysis secondary to wear of the ultrahigh molecular weight polyethylene (UHMW-PE) in acetabular components.

In response to the problem of UHMW-PE wear, highly cross-linked polyethylene (HXLPE) for application in orthopaedic surgery was developed to reduce wear of UHMW-PE. The wear resistance of HXLPE used in total joint arthroplasty has been shown improve significantly with cross-linking. Cross-linking of PE is achieved through the use of ionizing radiation. Ionizing radiation forms free radicals in polyethylene. These free radicals recombine with each other and form cross-links in the polymer. However, the free radicals generated during irradiation become trapped and affect the long-term oxidative stability of the material, causing embrittlement of the PE component. The most effective method of stabilization is to melt the irradiated PE, which reduces the concentration of the residual free radicals to undetectable levels. The method of irradiation and melting improves the wear resistance and does not compromise the oxidation resistance of PE. However, the post irradiation melting step reduces the mechanical properties and fatigue strength of irradiated PE

A new generation of cross-linked PE has been developed by stabilizing PE by addition of vitamin E, avoiding post irradiation melting. The major physiological role of vitamin E is to react with free radicals and protect against oxidative degradation. This would lead to double advantage of preventing long-term oxidation and preserving mechanical properties.

## **Study objective**

### **2.1 Primary objective**

To compare the wear rate 24 months after THA of HXLPE stabilized with vitamin E versus conventional UHMWPE for total joint arthroplasty.

### **2.2 Secondary objectives**

1. To compare the wear rate at 3,12 and 24 months after THA between HXLPE stabilized with vitamin E versus conventional UHMWPE.
2. To assess the effect of increased head size on wear rates in HXLPE stabilized with vitamin E versus conventional UHMWPE.
3. To assess the effect of activity level (SQUASH activity scale) on wear rates in HXLPE stabilized with vitamin E versus conventional UHMW polyethylene.
4. To assess the clinical performance (HHS score, WOMAC, SF-36, SQUASH) preoperative and 3,12 and 24 months after THA between HXLPE stabilized with vitamin E versus conventional UHMWPE.
5. To assess the rate of complications, revisions and mortality between HXLPE stabilized with vitamin E versus conventional UHMW polyethylene.

## **Study design**

Randomized controlled trial of 200 patients subjected to a total hip arthroplasty. The first group involves a HXLPE stabilized with Vitamin E (RM cementless monoblock pressfit Vitamys® cup, Mathys AG Bettlach). The second group involves a conventional UHMW polyethylene (RM cementless monoblock pressfit®, Mathys AG Bettlach). The PE wear will be monitored 3, 12 and 24 months after surgery. The function of the hip will be monitored at regular interval just before surgery and 3, 12, 24 months after surgery.

## **Intervention**

### **Total Hip Arthroplasty**

Total Hip Arthroplasty will be performed using the RM cementless monoblock pressfit cup (Mathys AG Bettlach) or the RM cementless monoblock pressfitt Vitamys cup (Mathys AG Bettlach). Critical aspects of the surgical procedure will be standardized.

### **RM Pressfit**

RM cementless monoblock pressfit cup is a standard implant.

The implant is made of:

Structure: Elliptical design and a slight polar flattening

Polyethylene: UHMW- PE

Coating material: Pure titanium particles (TiCP)

RM pressfitt Vitamys

RM cementless monoblock pressfit cup stabilized with Vitamin E.

The Vitamys cup is a polyethylene from the same raw material as UHMWPE which has been highly cross linked and additionally endowed with 0.1% of vitamin E, an antioxidant also called tocopherol. The average content of Vitamin E in a Vitamys cup is around 50 mg (max daily amount 400mg) The ingredients are homogeneously mixed, sintered under pressure, and highly cross-linked by an irradiation dose of 100kGy.

The implant is made of:

Structure: Elliptical design and a slight polar flattening

Polyethylene: UHMW- PE added with natural anti-oxidant, vitamin E.

Coating material: Pure titanium particles (TiCP)

RM cementless monoblock pressfit Vitamys cup is a CE marked implant and an approved HXLPE for total hip replacements (according to ISO standards 5834-2).

## **Study burden and risks**

Both treatments that patients can be allocated to are standard of care treatments. Participants should not expect any personal benefits from their participation in this study. Their participation may help other people with primary or secondary arthritis of the hip in the future. All surgeons perform THA as used in the two groups of this trial. As with any surgical procedure, potential risks for THA surgery include the following:

- Infection
- Neurovascular injury (injury to the nerves or vessels)
- Death

During the entire study, 5 X-rays will be made as part of Standard Of Care. There are no other known additional risks involved in this study, aside from the inconvenience of completing a set of questionnaires, which will take approximately 15 minutes at each visit. In total, each clinical FU visit will take 25 minutes. Participants will be informed about any new information that might affect their willingness to continue to participate in this research

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

All patients scheduled for a total hip arthroplasty. Inclusion criterion, patients diagnosed for coxarthrosis, dysplastic coxarthrosis, rheumatoid arthritis , necrosis of the head of the femur or posttraumatic coxarthrosis. Patients between 20 and 75 years old at the time of inclusion.

### Exclusion criteria

Exclusion criteria; patients designated for revision surgery, suffer from sepsis, malignant tumours, severe diabetes mellitus, severe cardiovascular diseases (ASA>II)

## Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Will not start
Enrollment:	200
Type:	Anticipated

## Ethics review

Not approved	
Date:	06-05-2010
Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 23978  
Source: NTR  
Title:

## In other registers

### Register ID

Other Aangemeld bij Nederlands Trialregister. Binnen 4 weken is NCT nummer bekend.

CCMO NL31682.100.10

OMON NL-OMON23978