# Exhaled Breath profiling by an Electronic Nose in the Diagnosis of Pulmonary Sarcoidose

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We hypothesize that an electronic nose can discriminate between the exhaled breath of patients with established pulmonary sarcoidosis from healthy controls Secondly, we hypothesize that an electronic nose can discriminate between different stages of...

Ethical review	Approved WMO
Status	Pending
Health condition type	Autoimmune disorders
Study type	Observational non invasive

# Summary

### ID

NL-OMON35021

**Source** ToetsingOnline

Brief title eNose and Pulmonary Sarcoidosis

### Condition

- Autoimmune disorders
- Respiratory disorders NEC

**Synonym** Lung sarcoidosis

**Research involving** Human

# **Sponsors and support**

Primary sponsor: Academisch Medisch Centrum Source(s) of monetary or material Support: Ministerie van OC&W

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### Intervention

Keyword: Electronic Nose, Sarcoidosis

#### **Outcome measures**

#### **Primary outcome**

Smellprint of sarcoidosis patients versus controls.

Smellprint of patients with different radiological stages.

#### Secondary outcome

Hypothesize that an electronic nose can discriminate between different stages

of pulmonary sarcoidosis (sub-phenotyping)

Finally we aim to characterize VOCs in samples detected by the electronic nose

by gas-chromatography and mass-spectrometry

# **Study description**

#### **Background summary**

Sarcoidosis is a systemic granulomatous disease of unknown cause that affects the lungs in over 90% of cases. On an epidemiological basis there is an association between the radiological stages I-IV and the prognosis of the lung involvement in terms of spontaneous resolution or persistent disease. However, there is a considerable variability in the prognosis of individual patients within these radiological phenotypes. There is no straightforward way to assess disease activity and severity, so that predicting the course and prognosis in individual cases is difficult. Decisions on whether or not to start treatment often have to be taken on arbitrary grounds.

During the last few years the analysis of exhaled breath has been proposed as a novel diagnostic tool for patients with a variety of lung diseases, including those with chronic inflammation ENoses represent an innovative method of sampling of volatile organic compounds (VOCs). They principally follow an empirical approach, allowing the distinction of \*smell-prints\* obtained from various gaseous sources by pattern recognition, providing discrimination of gas mixtures irrespective of the individual molecular components. We have validated this method and observed adequate discrimination between subjects with and without asthma and patients with asthma and COPD.

We hypothesize that an electronic nose can discriminate between the exhaled breath of patients with established pulmonary sarcoidosis from healthy controls. In addition, we hypothesize that an electronic nose can discriminate between different stages of pulmonary sarcoidosis (sub-phenotyping). Finally we aim to characterize the VOCs in samples detected by the electronic nose by gas-chromatography and mass-spectrometry.

#### **Study objective**

We hypothesize that an electronic nose can discriminate between the exhaled breath of patients with established pulmonary sarcoidosis from healthy controls Secondly, we hypothesize that an electronic nose can discriminate between different stages of pulmonary sarcoidosis (sub-phenotyping) Finally we aim to characterize VOCs in samples detected by the electronic nose by gas-chromatography and mass-spectrometry

#### Study design

A case-control cross sectional study will be performed with a total number of 120 subjects. 60 patients and 60 controls.

#### Study burden and risks

Minimal burden, no risks.

# Contacts

**Public** Academisch Medisch Centrum

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# **Trial sites**

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## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

\* Adult patients, between 18-70 years old, with a confirmed diagnosis of sarcoidosis.
(Diagnosis of sarcoidosis according to the generally accepted consensus criteria.)
\* Treatment naïve patients. A low dose oral prednisolone (< 10 mg daily) will be allowed.</li>

### **Exclusion criteria**

- \* Patients with underlying conditions with an established effect on the exhaled VOCs.
- \* Any other respiratory disease except sarcoidosis and/or any systemic diseases.

\* Respiratory tract infections requiring antibiotics and/or oral steroids in the 4 weeks prior to the study will be excluded.

\* Current and ex tobacco Smoking. (However, patients with a smoking history of < 1 packyear and no smoking during the past 10 years can be included).

\* Prior diagnosis of malignancies

# Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Diagnostic

# Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-04-2010
Enrollment:	120
Туре:	Anticipated

# **Ethics review**

Approved WMO	
Application type:	First submission
Review commission:	METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register CCMO ID NL31952.018.10