

# Non-invasive model-based assessment of individual cardiovascular interaction

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To setup and validate an accessible, non-invasive method to enable earlier and more precise classification of patients with an elevated or high blood pressure.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Cardiac disorders, signs and symptoms NEC
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON35052

### Source

ToetsingOnline

### Brief title

Non-invasive assessment of individual cardiovascular interaction

## Condition

- Cardiac disorders, signs and symptoms NEC
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

### Synonym

arteriosclerosis, high blood pressure

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Medisch Universitair Ziekenhuis Maastricht

**Source(s) of monetary or material Support:** NWO Vernieuwingsimpuls Veni - STW10261

## Intervention

**Keyword:** Arterial stiffness, Cardiovascular interaction, High blood pressure

## Outcome measures

### Primary outcome

1. Agreement between existing (clinically used) methods and newly developed methods for determining: arterial wall properties (distensibility as function of pressure) and left ventricular geometry (dilated or not, wall thickened or not).

2. Reproducibility of the new methods, which determines the ability to track changes in functional and structural aspects of cardiovascular interaction over time.

### Secondary outcome

Possible contribution of the new methods to the clinical diagnosis and treatment of hypertensive patients. (By retrospective analysis by physician.)

## Study description

### Background summary

High blood pressure is a risk factor for occurrence of stroke and myocardial infarction. Clinical management of high blood pressure strongly depends on diagnostic findings. A thickened cardiac muscle wall, as assessed by echocardiography, indicates the heart has been pumping against a higher pressure for sometime already. Such findings, in combination with well-documented high blood pressure, determine the kind of treatment (aggressive/conservative). However, relevant diagnostic methods are too comprehensive and costly to use in many patients.

### Study objective

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To setup and validate an accessible, non-invasive method to enable earlier and more precise classification of patients with an elevated or high blood pressure.

## **Study design**

The study investigates possibilities to assess cardiovascular condition by a limited number of non-invasive measurements. Carotid artery diameter and the local blood pressure curve will be measured, providing direct information on arterial distensibility. The measurement data will be fed to a biomechanical/physiological computermodel to obtain an estimate of the condition of the heart. Standard clinical echocardiography will serve as a benchmark.

Comparative methods will be used to evaluate agreement between existing and new methods within each individual and over a follow-up period. Reproducibility and accuracy of the new methods are thus determined.

## **Study burden and risks**

Quite small: measurement methods are non-invasive and pose minimal burden. Required extra time of the patient (in total 3 times 1 hour, spread over 6-9 months) is limited, because other clinical assessments take place at the same days on which the patient is already visiting the hospital or outpatient clinic.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

documented high blood pressure, age above 18

### Exclusion criteria

pregnancy, intended pregnancy, hypertensive urgency or emergency, cardiac arrhythmias, severe obesity precluding echo and tonometric assessment

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 28-02-2011

Enrollment: 40

Type: Actual

## Ethics review

Approved WMO

Date: 20-08-2010

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL31582.068.10