The effect of tastants on eating behaviour.

Published: 03-03-2010
Last updated: 02-05-2024

The purpose of this study is to examine the effect of a regular intake of specific tastants on eating behaviour.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON35083

Source
ToetsingOnline

Brief title
The effect of tastants on eating behaviour.

Condition

- Other condition

Synonym
n.a.

Health condition

eetgedrag

Research involving
Human

Sponsors and support

Primary sponsor: Unilever
Source(s) of monetary or material Support: Unilever financiert eigen onderzoek

Intervention

Keyword: eating behaviour, tastants

Outcome measures

Primary outcome

eating behaviour

Secondary outcome

weight

Study description

Background summary

Recent scientific studies and unpublished data demonstrated that a regular intake of specific tastants influenced eating behaviour in human subjects.

Study objective

The purpose of this study is to examine the effect of a regular intake of specific tastants on eating behaviour.

Study design

- double-blind, randomized, placebo-controlled, parallel-group study.

- 60 subjects
- 2 test products
- capsules with tastants
- 2 test days
- each test day 3 ad libitum meals (breakfast, lunch en dinner)
- dietary restrictions: no use of any diet

Intervention

One group uses twice daily a capsule with specific tastants. The other group uses twice daily a placebo capsule.

Study burden and risks

As far as known this study has no medical risks.

Contacts

Public
Unilever

Olivier van Noortlaan 120
3133 AT Vlaardingen
Nederland
Scientific
Unilever

Olivier van Noortlaan 120
3133 AT Vlaardingen
Nederland

Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age
Adults (18-64 years)
Elderly (65 years and older)

Inclusion criteria

Female
Age >= 18 and <= 55 year
BMI >= 23.0 and <= 32.0 kg/m2

Exclusion criteria

Being an employee of Unilever

Smoking
Pregnant or lactating women

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo
Primary purpose:	Treatment

Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	21-05-2010
Enrollment:	60
Type:	Actual

Ethics review

Approved WMO Date:	03-03-2010
Application type:	First submission
Review commission:	METC Brabant (Tilburg)
Approved WMO Date:	25-05-2010
Application type:	Amendment
Review commission:	METC Brabant (Tilburg)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL30771.028.10