# Bone density in apheresis donors compared with blood donors. A pilot-study.

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To investigate whether bone mineral density is lower in apheresis donors than in blood

donors.

**Ethical review** Approved WMO **Status** Will not start

**Health condition type** Bone disorders (excl congenital and fractures)

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON35222

#### Source

ToetsingOnline

#### **Brief title**

Bone density in apheresis donors compared with blood donors. A pilot-study.

#### **Condition**

• Bone disorders (excl congenital and fractures)

#### **Synonym**

Increased risk for osteoporosis.

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum **Source(s) of monetary or material Support:** sanguin

#### Intervention

**Keyword:** apheresis donors, blood donors, Bone mineral density, osteoporosis

#### **Outcome measures**

#### **Primary outcome**

The primary study parameter is bone mineral density, measured by dual X-ray absorptiometry

#### **Secondary outcome**

The bone turnover markers C-telopeptide (CTX) and N-terminal propeptide of type 1 collagen (P1NP).

# **Study description**

### **Background summary**

It is known that there are short term changes of serum calcium during apheresis procedures. Less is known about the consequences of this during long term follow-up, such as decrease of the bone mineral density. When this occurs, it could be advisable to supplement calcium during the apheresis procedure.

#### Study objective

To investigate whether bone mineral density is lower in apheresis donors than in blood donors.

#### Study design

case control study

#### Study burden and risks

Discomfort is possible during vena punction. Radiation of the DXA-scan is low, about 10-15% of that of a thorax X-ray.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Women between 55 en 70 years old, who underwent apheresis donation at least a hundred times.

Control subjects: women between 55 en 70 years old who are blood donor for at least 15 years.

## **Exclusion criteria**

- smoking
- use of certain medication during inclusion period, such as corticosteroids and bisphosphonates.

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Prevention

#### Recruitment

NL

Recruitment status: Will not start Start date (anticipated): 01-01-2012

Enrollment: 40

Type: Anticipated

# **Ethics review**

Approved WMO

Date: 03-01-2012

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL37527.029.11