

Shared decision making: The effects of a decision aid depression for Turkish and Moroccan clients on the client- staff relationship

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The project aims to study the effects of the use of the decision aid depression on:1. the evaluation of the relationship between clients and therapists2. the treatment satisfaction3. treatment adherence4. treatment results: depressive symptoms

Ethical review	Approved WMO
Status	Will not start
Health condition type	Mood disorders and disturbances NEC
Study type	Interventional

Summary

ID

NL-OMON35407

Source

ToetsingOnline

Brief title

TrialDecisionAidDepressionTM

Condition

- Mood disorders and disturbances NEC

Synonym

depression, depressive disorder

Research involving

Human

Sponsors and support

Primary sponsor: Trimbos-instituut

Source(s) of monetary or material Support: ZonMw

Intervention

Keyword: Decision aid, Depression, Effects, migrant clients

Outcome measures

Primary outcome

1. evaluation of client-staff relationship in caretakers and clients
2. treatment satisfaction in clients and caretakers
3. therapy adherence
4. treatment results: depressive complaints

Secondary outcome

not applicable

Study description

Background summary

An increasing number of migrants apply for help from the Dutch mental health care services. The relationship between clients and care staff, however, is still problematic, leading to poor commitment, drop-out and poor treatment results.

Shared decision making leads to greater treatment satisfaction and results. Decision aids are developed to facilitate shared decision making. They are web based applications that provide clients with evidence based information on disorders and treatment options. They also help clients to investigate their personal considerations regarding their treatment. Decision aids may be used privately at home or with the therapist.

Recently a decision aid has become available for Turkish and Moroccan Dutch clients with depression. A pilot study showed that clients and care staff are positive about the use of a decision aid. For implementation in the Dutch mental health care research data are needed on the effects of the use of the

decision aid.

Study objective

The project aims to study the effects of the use of the decision aid depression on:

1. the evaluation of the relationship between clients and therapists
2. the treatment satisfaction
3. treatment adherence
4. treatment results: depressive symptoms

Study design

The study concerns a pragmatic cluster randomised trial in two mental health care organisations. The data are gathered using questionnaires and standard mental health care registrations.

Intervention

The intervention consists of the joint use of the internet decision aid depression (kiesBeter.nl) by client and therapist/intaker

Study burden and risks

Burden:

- Use of decision aid (with caretaker) as part of intake/treatment (clients in experimental condition)
- filling out questionnaires (twice: during intake and three months after start of treatment)

Risk:

We do not see any risks for the participants

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

- Mental health care client
- Turkish or Moroccan background (CBS definition)
- diagnosis of depression disorder or depressive complaints by care professional (DSM-criteria)
- 18-45 years old
- fair skills in (Dutch) language en computer use
- first admission to mental health care organisations

Exclusion criteria

not applicable

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial

Masking:	Single blinded (masking used)
Control:	Active
Primary purpose:	Treatment

Recruitment

NL	
Recruitment status:	Will not start
Start date (anticipated):	15-10-2009
Enrollment:	200
Type:	Anticipated

Ethics review

Approved WMO	
Date:	09-12-2010
Application type:	First submission
Review commission:	METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL28940.097.09