

# A randomized phase III study of adjuvant chemotherapy with or without low-molecular weight heparin in completely resected non-small-cell lung cancer patients with high-risk for recurrence: NVALT- 8B.

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The primary aim of the study is to investigate whether adding Nadroparin to adjuvant chemotherapy in patients in the poor prognostic group (i.e. high SUV) prolongs recurrence-free survival.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Respiratory and mediastinal neoplasms malignant and unspecified
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON35584

### Source

ToetsingOnline

### Brief title

NVALT-8B

### Condition

- Respiratory and mediastinal neoplasms malignant and unspecified

### Synonym

lung cancer, Non-small cell lung cancer

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Eli Lilly, Farmaceutische industrie, GlaxoSmithKline

## Intervention

**Keyword:** adjuvant chemotherapy, high-risk, LMWH, NSCLC

## Outcome measures

### Primary outcome

The main endpoint is recurrence-free survival.

### Secondary outcome

Secondary end-points are overall survival, dose intensity of subsequent cycles, quality of life, toxicity, health economics. Exploratory endpoints are analysis of blood and tumor samples for prognostic markers, genomics/proteomics.

## Study description

### Background summary

The use of adjuvant chemotherapy and especially cisplatin in combination therapy in patients with completely resected early-stage NSCLC improves recurrence-free and overall survival. In this study we combine cisplatin with a potent and least toxic drug pemetrexed. Subgroup analyses suggested that not all patients benefit from chemotherapy, but how to select patients for treatment is still not clear. In this study we select patients by FDG-PET in a good and a poor prognosis group using FDG avidity as measured by the standardized uptake value (SUV). Several studies suggested that treatment with low-molecular weight heparin (LMWH) improves survival in cancer patients. The hypothesis of this study is that in patients with resected NSCLC and high SUV (poor prognosis group) adding LMWH to four cycles of adjuvant chemotherapy will improve the recurrence-free survival rate.

### Study objective

The primary aim of the study is to investigate whether adding Nadroparin to adjuvant chemotherapy in patients in the poor prognostic group (i.e. high SUV) prolongs recurrence-free survival.

## **Study design**

This is a randomized multicenter phase III study. Patient with a high SUV of the primary tumor prior to surgery will be randomised to four cycles of pemetrexed and cisplatin with or without nadroparin for 16 weeks in order to improve the recurrence-free survival rate in these patients. A total of 600 patients will be entered in the study (300 patients in each arm) in 3 years. The follow up will continue for 2 years and 3 months further, at the end of which a total of 243 events would be observed allowing the comparison (alpha=0.05 two-sided log-rank test.) of the curves by treatment arm with 80% power to detect a true difference of 60% versus 70% at 3 years, or HR=0.70.

## **Intervention**

Within 4-6 weeks after surgery all patients will receive 4 cycles of pemetrexed (500 mg/m<sup>2</sup>) and cisplatin (75 mg/m<sup>2</sup>) on day 1 every 3 weeks. Patients in the nadroparin arm will receive nadroparin s.c. daily for 16 weeks, 2 weeks therapeutic dose and 14 weeks half-therapeutic dose.

## **Study burden and risks**

Treatment of these patients consists of cisplatin based adjuvant chemotherapy for 4 cycles. After treatment the follow-up of patients will be every 8 weeks for the first 2 years and thereafter every 3 months till 5 years after surgery. Patients in the nadroparin arm will receive nadroparin s.c. daily for 16 weeks. No additional toxicity is expected. The duration of the treatment is 16 weeks and the duration of the study is about 5 years.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Patients with resectable NSCLC
- SUVmax  $\geq 10$
- Age  $\geq 18$  years
- WHO Performance score  $\leq 2$  before chemotherapy.
- Adequate organ function before administration of chemotherapy, including:  
Adequate bone marrow reserve: ANC  $\geq 1.5 \times 10^9/L$ , platelets  $\geq 100 \times 10^9/L$ .  
Hepatic: bilirubin  $\leq 1.5 \times ULN$ , AP, ALT, AST  $\leq 3.0 \times ULN$ .  
Renal: calculated creatinine clearance  $\geq 60$  ml/min based on the Cockcroft and Gault formula.  
INR  $< 1.5$
- Patients must sign and date a written Independent Ethics Committee approved informed consent form.

### Exclusion criteria

- Patients with stage IA NSCLC
- Prior chemotherapy or radical radiotherapy for NSCLC.
- Any unstable systemic disease (including active infection, uncontrolled hypertension, unstable angina, congestive heart failure, myocardial infarction within the previous year, severe cardiac arrhythmia requiring medication, hepatic, renal or metabolic disease).
- Concomitant treatment with any other experimental drug under investigation.
- Inability to interrupt aspirin or other nonsteroidal anti-inflammatory agents for a 5-day period (8 day period for long-acting agents such as piroxicam).
- Inability or unwillingness to take folic acid, vitamin B-12 supplementation or

dexamethasone.

- History of any active malignancy (other than NSCLC) unless treated more than 3 years with curative intent and no recurrence, except non-melanoma skin cancer or in situ cervical cancer.
- Pregnancy
- Men and women of child-bearing potential not using effective means of contraception for 6 months after treatment has been completed
- Indication for anticoagulant treatment.
- Any contraindication listed in the labeling of nadroparin.
- Documented history of heparin-induced thrombocytopenia with UFH or LMWH
- Current active bleeding or judged to be as high risk of bleeding;

## Study design

### Design

Study phase:	3
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

**Primary purpose:** Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	21-11-2007
Enrollment:	600
Type:	Actual

### Medical products/devices used

Product type:	Medicine
Brand name:	Fraxiparin
Generic name:	nadroparin

## Ethics review

Approved WMO

Date: 21-09-2007

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 13-07-2009

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 13-07-2009

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 28-09-2010

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2007-002608-16-NL
CCMO	NL16517.042.07