

# The Long-Term Effects of Neonatal Necrotizing Enterocolitis

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To evaluate the bowel function, quality of life and nutritional status in adolescents/adults who experienced an episode of NEC at neonatal age.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Gastrointestinal signs and symptoms
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON35989

### Source

ToetsingOnline

### Brief title

Long-term NEC

### Condition

- Gastrointestinal signs and symptoms
- Neonatal and perinatal conditions

### Synonym

inflammatory condition of the bowel

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** long-term, necrotizing enterocolitis (NEC)

## Outcome measures

### Primary outcome

Bowel function at adolescent/adult age as measured by a questionnaire developed and validated in our center.

### Secondary outcome

The secondary study parameters are nutritional status, prevalence of irritable bowel syndrome (IBS), quality of life, and bone mineral density.

## Study description

### Background summary

Neonatal Necrotizing enterocolitis (NEC) is a gastrointestinal disease mainly affecting premature neonates with a relatively high mortality and morbidity. The literature suggests some deficiencies in vitamin status and bone mineral density associated with intestinal diseases. To date, no information is available regarding the quality of life, bowel function, bone mineral density, and nutritional status in the adolescent/adult age.

### Study objective

To evaluate the bowel function, quality of life and nutritional status in adolescents/adults who experienced an episode of NEC at neonatal age.

### Study design

Single centre, prospective, descriptive cohort study.

### Study burden and risks

Subjects will have the benefit of having their intestinal function, blood parameters (vitamin status etc), and bone mineral density evaluated. The expected burden for the participants is negligible. Patients are asked to fill

in questionnaires regarding functional bowel symptoms, IBS symptoms, quality of life and to fill in dietary records (both groups). They are also asked to visit the outpatient clinic for a nutritional status assessment, blood sampling, and a DEXA scan.

## Contacts

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adolescents (12-15 years)

Adolescents (16-17 years)

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

NEC group: Adolescents/adults with episode of NEC at neonatal age, treated conservatively or surgically in the period January 1, 1980 and December 31, 1995, and informed consent.

## Exclusion criteria

Unable to complete the questionnaire.

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Other

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	06-12-2011
Enrollment:	150
Type:	Actual

## Ethics review

Approved WMO	
Date:	06-07-2011
Application type:	First submission
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

<b>Register</b>	<b>ID</b>
CCMO	NL35786.078.11