The effect of anagrelide and hydroxyurea on platelet function in patients with Essential Thrombocytosis. An observational in vitro and ex vivo study on the dynamic conditions of platelet function and (systemic) coagulation activation.

Published: 24-11-2011 Last updated: 28-04-2024

1. To compare the platelet function between healthy controls and patients with ET under both static and dynamic conditions. 2. To study the effects of anagrelide and hydroxyurea on platelet function. 3. To study the intrinsic platelet activation...

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typePlatelet disordersStudy typeObservational invasive

## **Summary**

#### ID

NL-OMON35998

#### **Source**

ToetsingOnline

#### **Brief title**

The effect of anagrelide and hydroxyurea on platelet function.

### **Condition**

Platelet disorders

## **Synonym**

Thrombocythemia or primary thrombocytosis (no laymen's term)

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## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** Shire, Shire plc.

### Intervention

**Keyword:** anagrelide, essential thrombocytosis, hydroxyurea, platelet function

## **Outcome measures**

### **Primary outcome**

The primary study parameters of this study are;

- 1. Platelet reactivity (FACS analysis static conditions)
- 2. Platelet aggregate formation (perfusion model dynamic conditions)

## **Secondary outcome**

The secondary study parameters of this study are;

- 1. The effect of in vitro addition of anagrelide, BCH4426 (the metabolite of anagrelide) and hydroxyurea on the platelet reactivity.
- 2. Markers of systemic platelet activation
- Soluble P-selectin (sPsel)
- Soluble CD-40 ligand (sCD40L)
- Regulated upon Activation, Normal T cell Expressed and Secreted (RANTES)
- Neutrophil Activating Protein-2 (CXCL7)
- Microparticles
- Von Willebrand Factor (vWF)
- 3. Markers of systemic coagulation activation
- Prothrombin fragment 1+2
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- Thrombin-Antithrombin (TAT)-complexes
- Fibrine monomers
- D-dimers
- 4. Platelet-monocyte complex formation

# **Study description**

### **Background summary**

The pathogenesis of thrombosis in Essential Thrombocytosis (ET) is not fully understood. The clinical manifestations of ET varies from asymptomatic to life threatening thrombosis. Cytoreductive therapy with hydroxyurea or anagrelide has shown to reduce platelet count, but the effect on platelet function has not been delineated. We aim to study the effects of ET on platelet function and the multifactorial thrombotic environment and evaluate the effect of cytoreductive therapy. A better understanding of this effect might benefit treatment options or risk assessment of thrombosis and bleeding in the future.

## **Study objective**

- 1. To compare the platelet function between healthy controls and patients with ET under both static and dynamic conditions.
- 2. To study the effects of anagrelide and hydroxyurea on platelet function.
- 3. To study the intrinsic platelet activation routes in ET and the effects of cytoreductive therapy on these routes.

## Study design

Monocenter observational study; cross sectional for group 1, 2, 3 and 4 and a prospective cohort study for group 5 and 6.

## Study burden and risks

This study will contribute to the knowledge of platelet function in ET and the effect of cytoreductive therapy on this function. Improved insights may lead to improved treatment strategies and a better risk assessment of thrombosis and bleeding.

The results of this study will not be directly beneficial for the participating patients. Adverse events are not expected to occur in this study. One to three visits to the hospital (according to the study group) is requested when participating and a total amount of 35.5-106.5ml of blood is donated

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respectively. The risk of venapuncture is considered to be very low.

## **Contacts**

#### **Public**

Universitair Medisch Centrum Utrecht

Heidelberglaan 100 3584 CX Utrecht NL

#### **Scientific**

Universitair Medisch Centrum Utrecht

Heidelberglaan 100 3584 CX Utrecht NL

## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

- Essential Thrombocytosis, diagnostic criteria met by the WHO criteria.
- According to the studied patient group, included patients will either use no cytoreductive therapy, or already use hydroxyurea or anagrelide. Or they will start treatment with hydroxyurea or anagrelide within two months.
- Age18 years or older

## **Exclusion criteria**

- Use of medication that is known to influence platelet function (other than acetylsalicylic acid), s.a. clopidogrel, dipyridamole and NSAIDs (Non-Steroidal Anti-Inflammatory Drugs) within 14 days prior to inclusion and during follow up.

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-11-2012

Enrollment: 62

Type: Actual

## **Ethics review**

Approved WMO

Date: 24-11-2011

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL35936.041.11