

# Carotid intima-media thickness before and after bariatric surgery

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Decrease of carotid intima media thickness after bariatric surgery as marker of reduction of cardiovascular disease.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Glucose metabolism disorders (incl diabetes mellitus)
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON36187

### Source

ToetsingOnline

### Brief title

CIMT and bariatric surgery

### Condition

- Glucose metabolism disorders (incl diabetes mellitus)
- Gastrointestinal therapeutic procedures
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

### Synonym

fatness, Obesity

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Maasstadziekenhuis

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Bariatric surgery, Carotid intima-media thickness, Premature atherosclerosis

## Outcome measures

### Primary outcome

Reduction of carotid intima-media thickness after bariatric surgery.

### Secondary outcome

- Reduction of visceral fat mass after bariatric surgery
- Anthropometric measurements and bloodpressure before and after bariatric surgery
- Glucose, lipids and cholesterol profile before and after bariatric surgery
- Differences between the measurements and the three different types of bariatric surgery.

## Study description

### Background summary

Obesity is associated with cardiovascular morbidity and mortality. Carotid intima media thickness and visceral fat mass are prognostic indicators for premature atherosclerosis and indicative for the development of cardiovascular disease. Carotid intima media thickness is an atherogenic atherosclerotic parameter and the measurement is easily done and non invasive.

### Study objective

Decrease of carotid intima media thickness after bariatric surgery as marker of reduction of cardiovascular disease.

### Study design

Observational study

## Study burden and risks

Low

## Contacts

### Public

Maasstadziekenhuis

Groene Hilledijk 315  
3075 EA Rotterdam  
NL

### Scientific

Maasstadziekenhuis

Groene Hilledijk 315  
3075 EA Rotterdam  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Age between 18 en 60 years

BMI > 40 kg/m<sup>2</sup> or BMI > 35 kg/m<sup>2</sup> with co-morbidity (DM, cardiac or lung problems, joint complaints)

Several registrated efforts of weightloss, guarded by a dietician

## Exclusion criteria

Leeftijd < 18 en > 60 jaar

Personality disorder / alcohol- and drugsabuse

< 5 years of adiposity

No serious attempts of weightloss

Obesity caused by hormonal or metabolic disorders, no willingness for analysis of such disorders or lifelong check-ups

Change in medication to prevent atherosclerosis (statins).

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 20-02-2012

Enrollment: 200

Type: Actual

## Ethics review

Approved WMO

Date: 30-03-2011

Application type: First submission

Review commission: TWOR: Toetsingscommissie Wetenschappelijk Onderzoek Rotterdam e.o. (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL35522.101.11