

# Is movement or muscle coded in the motor cortex? Implications for motor rehabilitation

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Movement disorders (incl parkinsonism)
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON36246

### Source

ToetsingOnline

### Brief title

Motor imagery and hand position

### Condition

- Movement disorders (incl parkinsonism)

### Synonym

stroke

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** corticospinal excitability, Motor imaginary, Motor learning, transcortical magnetic stimulation

## Outcome measures

### Primary outcome

The amplitude of the transcranial magnetic evoked potential serves as an indication of the excitability of the motor cortex and is our main outcome parameter. The amplitude is expressed as a percentage of the electrically evoked muscle potential (M-wave).

### Secondary outcome

geen

## Study description

### Background summary

Motor Imagery (MI) is a cognitive process, in which an individual performs a goal directed movement without any actual (overt) movement (Decety, 1996). It is known that MI results in similar brain activation patterns as overt movement, and it is therefore thought to be a potential tool for relearning difficult movements (Decety, 1996). Previous research has proven MI training to have a beneficial effect in increasing skilled motor performances in healthy subjects as well as in diseased patients, for example in stroke patients (Braun et al, 2006; Sharma et al., 2006; Simmons et al., 2008). Thus, MI is a relevant tool as part of motor rehabilitation, further it is easy to perform and the training can be carried out at home.

Nonetheless, no attention has been paid to the position of the patient during imagery so far. From experiments in which subjects actually perform muscle movements, it is known that the motor cortex codes the activity of the movement direction rather than the active muscle ensemble (Post et al., 2009). If this also holds for MI, this would imply that patients have to sit in a position that encourages movement performance.

The objective of this project is to investigate whether the posture of the patient is important for the efficacy of motor imagery. We assume that a

stronger corticospinal activity would result in a better motor imagery.

## **Study objective**

The corticospinal spinal tract is an important descending pathway for control of hand muscles (Lemon, 2008). About 50 years ago, direct connections between the primary motor cortex and the motoneurons were discovered, but it is still a matter of debate what is actually coded in the motor cortex: the active muscle ensemble needed to perform the task, or rather the movement direction? And are the muscles specified at a \*lower\* organizational level (e.g. spinal cord)? If the motor cortex codes for movement direction, this would have direct effects on the requirements of an efficient motor rehabilitation program. In the present proposal, we want to address this question by investigating differences in the corticospinal excitability during motor imagery with the target ("active") hand in different positions.

The corticospinal excitability during hand tasks can easily be assessed by TMS of the motor cortex. If the muscle is the primary parameter to be coded, we don't expect changes in corticospinal excitability by altering the resting hand position. However, if movement direction is the important parameter we would expect to observe differences for different hand positions. In addition, it is known that during overt movement not only the excitability of the target motor cortex (the \*classical\*contralateral motor cortex) is modulated but also that of the non-target motor cortex. Thus, when you change the position of the non-target hand, we expect that it will also modulate the excitability of the target motor cortex. Therefore we want to change the position of both target and non-target hand during the experiment.

Ojective: Is the excitability of the corticospinal tract during motor imagery modulated by the position of the target and the non-target hand?

## **Study design**

The study is an intervention study in which we evaluate the effect of a change in hand position on the excitability of the motor pathway (corticospinal tract) during motor imagery.

Subjects are asked to complete two questionnaires at home before the experiment.

## **Intervention**

change of hand position

## **Study burden and risks**

no risks known of single pulse transcranial magnetic stimulation or electrical nerve stimulation

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Right handed subjects, age 18-55

### Exclusion criteria

neurological diseases, muscle diseases, migraine, epileptic activity

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 02-04-2011

Enrollment: 20

Type: Actual

## Ethics review

Approved WMO

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register**

CCMO

**ID**

NL35055.042.10