

# CRT Selection Study, A single-center, prospective study to assess response in patients treated with cardiac resynchronization therapy

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The main objective of this study is: • To determine the optimal site to position the left ventricular pacing lead for each individual patient with an ischemicCardiomyopathy (CMP). The site is selected based on the latest mechanical activated site and...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Will not start
<b>Health condition type</b>	Heart failures
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON36341

### Source

ToetsingOnline

### Brief title

CSS, CRT Selection Study

### Condition

- Heart failures

### Synonym

Cardiomyopathy, Heart Failure

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** CRT-D, Optimisation, PV-Loop

## Outcome measures

### Primary outcome

Optimal position of the lead is defined as the one providing optimal acute

hemodynamics (defined by the highest Stroke

Volume as measured by Pressure-Volume recordings compared to Atrial

paced-Ventricle sensed pacing configuration)

### Secondary outcome

Assessment of correlation between dp/dt & volumes (PV loops recordings) and

optimal position of pacing wire

Assessment of electrical parameters: correlation between QRS width and

electrical activation patterns

## Study description

### Background summary

Background of the study:

Today it is relatively well accepted that cardiac resynchronization therapy improves hemodynamic parameters, exercise capacity, symptoms, and quality of life and also reduces hospitalization among patients with severe heart failure, impaired LV function and widened QRS complex usually with a left bundle branch block. Devices that combine biventricular pacing with an implantable defibrillator have moreover demonstrated a significant reduction in arrhythmic death in high-risk population.

The responsible mechanisms are believed to include improved synchrony of the timing of left and right ventricular (RV)

systole (interventricular synchrony), improved synchrony of the different segments of the left ventricle (intraventricular synchrony), and a reduction in mitral regurgitation. However, it was noted that 25% to 30% of patients did not respond to CRT, emphasizing the need for better selection criteria. In this frame, the resynchronization of pre-existent LV dyssynchrony is considered a major player in determining the response to CRT [Yu, Bax]. Indeed detailed echocardiographic assessment using tissue Doppler echocardiography showed that patients with left bundle-branch block (LBBB) have marked intraventricular dyssynchrony that can be improved by biventricular pacing. [Yu Circ 2002]. Another potential reason for non-response to CRT (in patients with ischemic cardiomyopathy) may be the presence of extensive scar tissue in the region of the tip of the LV pacing lead [Bleeker et al Circ 2007]

## **Study objective**

The main objective of this study is:

- To determine the optimal site to position the left ventricular pacing lead for each individual patient with an ischemic Cardiomyopathy (CMP). The site is selected based on the latest mechanical activated site and the latest electrical activated site, whatever pacing configuration tested.
- To assess changes in activation pattern and the hemodynamic effects due to (single- or dual-site) left ventricular and biventricular pacing.

## **Study design**

This clinical trial is a monocenter, prospective, feasibility, non-randomized pilot study.

All patients taking part in this study will undergo the implantation of a CRT-D device with transvenous leads. After successful implantation and after hospital discharge, patient will be followed for 6 months after implant. The invasive part of the study contains two phases where in phase I PV-loop measurements are performed. In phase II the device will be implanted at the pre-defined optimal lead position(s) and pacing configuration. Patients will attend protocol scheduled visits before implant (pre-implant evaluation), and post-implant: pre-hospital discharge and at 6 months.

## **Study burden and risks**

There is a mild extra risk in concordance to the regular diagnostics in patient with ischemic heart failure, as MRI, echocardiography and electrophysiologic evaluation. During the first invasive phase Pressure-volume loops are measured using a conductance catheter in the left ventricle. The risk of left ventricular catheterization is similar to regular evaluation of coronary arteriography in patients with coronary artery disease.

## Contacts

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

CRT-D conventional indication

QRS width > 120 ms

Left Ventricular Ejection Fraction (LVEF) < 35%

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Left Bundle Branch Block (LBBB)

## Exclusion criteria

History of chronic AF

MI within the last 3 months

previous pacemaker or ICD implanted

Claudication intermittens or other significant arterial vein issues in the aortic-iliac route

Moderate to severe aortic valve stenosis or indication for valve surgery or mechanical aortic valve replacement or thrombus in Left Ventricle

Age <18 years or > 80 years

Heart failure NYHA class IV

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

### Recruitment

NL

Recruitment status: Will not start

Enrollment: 30

Type: Anticipated

## Ethics review

Approved WMO

Date: 18-04-2011

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL31808.029.10