# Endocrine profile of Perlcoronary adipose tissue in relation to Coronary ARtery Disease study

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To determine the relationship between pericoronary adipose tissue (dys)function, in terms of the cytokine and adipokine secretion profile and histologic markers of inflammation, and coronary atherosclerosis.

**Ethical review** Approved WMO

StatusRecruitment stoppedHealth condition typeCoronary artery disordersStudy typeObservational invasive

# **Summary**

#### ID

NL-OMON36488

#### Source

ToetsingOnline

#### **Brief title**

**EPICARD** study

#### **Condition**

- Coronary artery disorders
- Glucose metabolism disorders (incl diabetes mellitus)
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

#### Synonym

Atherosclerosis, coronary artery disease

#### **Research involving**

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

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Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

Keyword: adipocyte dysfunction, atherosclerosis, pericoronary adipose tissue

#### **Outcome measures**

#### **Primary outcome**

onderzoeksvariabelen:

- Adipokine en cytokine mRNA expression (RT-PCR) and secretion (Western blotting):

adiponectin, IL-6, TNF-α, resistin, PAI-1 en visfatin

- Histologic parameters of inflammation: macrophage infiltration (macrophages per view), capillary injection (capillaries per view) en fat necrosis (presence of) .

outcome measures:

- Stenosis (atherosclerotic plaque) measured with coronary angiography.

#### **Secondary outcome**

- Plasma adipokine and cytokine concentrations (adiponectine, IL-6, TNF- $\alpha$ , resistin, PAI-1 en visfatin)
- Parameters of the metabolic syndrome (waist circumference (cm), LDL-c, HDL-c, total cholesterol, fasting glucose, blood pressure)
- Adipocyte size

# **Study description**

#### **Background summary**

Currently intra-abdominal adipose tissue is recognized as an active endocrine and paracrine organ and is associated with the development of both insulin resistance (metabolic syndrome, type 2 diabetes) and atherosclerotic vascular disease. Adipose tissue influences inflammation and hemostasis by producing pro-inflammatory cytokines (e.g. TNF- $\alpha$ , IL-6), adipokines (adiponectin, leptin) and other proteins (e.g. PAI-1, tissue factor)

Adipose tissue around the coronary arteries which is part of the epicardial adipose tissue (EAT) depot and produces adipocytokines and inflammatory cytokines similarly as abdominal adipose tissue, and is in close contact with the adventitia of the coronary arteries. It could be hypothesized that it stimulates the progression of atherosclerosis from \*outside to inside\*.

#### **Study objective**

To determine the relationship between pericoronary adipose tissue (dys)function, in terms of the cytokine and adipokine secretion profile and histologic markers of inflammation, and coronary atherosclerosis.

#### Study design

Cross sectional observational study.

- At the preoperative consult (>2 weeks before surgery) patients are asked if they allow the research physician to inform them about the study. The research physician will contact the patient to inform them about the study and send the written patient information and a sample of the informed consent.
- Informed consent will be signed on the day before surgery. After signing IC, medical history an physical exam will be taken.
- Blood will be drawn and coronary angiography will be performed before surgery as a part of routine clinical work up.
- during surgery an additional blood sample and adipose tissue biopsies will be taken.

#### Study burden and risks

Study specific side effects that could occur are minor bleeding when biopting the pericoronary adipose tissue, which will be stopped by the cardiothoracic surgeon using diathermic coagulation.

There will be no financial or health benefits for study participants, since there is no extra (time) investment because of the study.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Inclusion criteria

- 1. Written and signed informed consent.
- 2. Male or female patients.
- 3. Scheduled for elective CABG.
- 4. >= 50% stenosis of the RCA, LAD, diagonal branche of the LAD (DIAG) or mo branches of the RCx.

#### **Exclusion criteria**

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- 1. Thyroid disease (TSH < 0.35 or > 5.0 mU/L or use of thyroid hormones)
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- 2. History of malignancy (in the last 2 years)
- 3. Use of thiazolidinediones
- 4. Use of immune suppressive medication (equivalent of prednisolon >= 10 mg /day)
- 5. Renal failure GFR < 30 (ml/min/1.73m2)
- 6. History of cardiothoracic surgery
- 7. History of percutaneous coronary intervention
- 8. coronary artery disease of more than 2 vessels

# Study design

### **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 03-12-2009

Enrollment: 46

Type: Actual

## **Ethics review**

Approved WMO

Date: 22-09-2009

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 29-12-2009

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 03-05-2011

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL28312.041.09