

# Pharmacokinetics of the addition of an acidic beverage to posaconazole co-administered with a proton pump inhibitor in GVHD patients

Published: 07-04-2011

Last updated: 27-04-2024

to investigate whether the bioavailability of posaconazole in graft-versus-host-disease (GVHD) patients, adversely affected by the coadministration of proton pump inhibitors (PPIs), can be restored by an acidic beverage

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON36495

### Source

ToetsingOnline

### Brief title

Pharmokinetics of cola addition to posaconazol and PPI in GVHD

### Condition

- Other condition
- Fungal infectious disorders

### Synonym

graft versus host ziekte

### Health condition

graft versus host ziekte

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** acidic beverage, GVHD, posaconazol, proton pump inhibitor

## Outcome measures

### Primary outcome

difference in the bioavailability of posaconazole within patients on PPI with or without concomitant use of the acidic beverage in hematopoietic stem-cell transplantation patients with graft versus host disease.

### Secondary outcome

To investigate whether the plasma concentrations of posaconazole in graft-versus-host-disease (GVHD) patients, adversely affected by the co-administration of proton pump inhibitors (PPIs), can be restored by the acidic beverage.

Feasibility of concomitant administration of posaconazole and the acidic beverage in GVHD patients. Plasma pharmacokinetics of posaconazole at the start and at steady-state in graft-versus-host-disease (GVHD) patients concomitantly using PPI.

## Study description

### Background summary

Antifungal prophylaxis with posaconazole in graft versus host disease patients may be less efficient due to interactions with PPIs, however this has not been tested in these patients. As posaconazole adsorption is pH dependent and adequate levels of posaconazole are important for its antifungal efficacy, a study that will evaluate the effects of the addition of an acidic beverage to posaconazole in allogeneic stem cell transplant patients co-treated with PPIs who have developed GVHD is proposed.

### **Study objective**

to investigate whether the bioavailability of posaconazole in graft-versus-host-disease (GVHD) patients, adversely affected by the coadministration of proton pump inhibitors (PPIs), can be restored by an acidic beverage

### **Study design**

a phase IV open label non randomized prospective comparative trial

### **Intervention**

200mL of an acidic beverage (Coca Cola) will be administered concomitantly with posaconazole and PPI intake for a period of 7 days until a new steady state has been reached

### **Study burden and risks**

The patients burden consists of a total of four days of blood sampling in the VU University medical center after posaconazole and PPI intake at day one (2-8 samples) and at steady state (reached after 6-7 days of posaconazole and PPI use, 1 sample), repeated after concomitant administration of an acidic beverage (200mL the acidic beverage) in a cross-over design.

In daily practice GVHD patients often use both posaconazole and PPI and because adequate levels of posaconazole are important for its antifungal efficacy, it seems highly relevant for this group to evaluate whether the interaction between posaconazole and PPI can be restored by an acidic beverage. As no essential change in treatment regimen will be made besides the addition of the acidic beverage and the main intervention will be blood sampling, risks are considered negligible.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

\*recipients of hematopoietic stem-cell transplantation (HSCT) with graft versus host disease (GVHD) using PPI

\*start or use of posaconazole for invasive fungal infection (IFI) prophylaxis with concomitant PPI use for at least twelve days or one week when already using posaconazole

### Exclusion criteria

\*current clinical significant invasive fungal infection requiring treatment

\*inability to sign informed consent

\*inability to take oral medication

\*allergy to posaconazole, PPI or the acidic beverage

\*start or discontinuation of a CYP3a4 inhibitor or P-glycoprotein inducer during the study period

\*age < 18 years

\*grade II or more diarrhea, mucositis, vomiting

## Study design

### Design

Study phase:	4
Study type:	Interventional
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	12-08-2011
Enrollment:	16
Type:	Actual

## Ethics review

Approved WMO	
Date:	07-04-2011
Application type:	First submission
Review commission:	METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL34167.029.11