# Coagulation effects of mild therapeutic hypothermia in post cardiac arrest patients.

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We aim to observe in whole blood at patients core temperature and normotemperature how mild therapeutic hypothermia affects coagulation and in particular fibrinogen, in post cardiac arrest patients.

Ethical reviewApproved WMOStatusCompletedHealth condition typeOther condition

**Study type** Observational non invasive

# **Summary**

## ID

NL-OMON36617

#### Source

**ToetsingOnline** 

### **Brief title**

Mild hypothermic effects on coagulation.

## **Condition**

- Other condition
- · Cardiac arrhythmias

### **Synonym**

Coagulopathy

#### **Health condition**

stollingsapparaat

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** Cardiac arrest, Coagulation, Hypothermia, Thromboelastometry

### **Outcome measures**

## **Primary outcome**

The hypothermic effects on coagulation will be observed by using

thromboelastometry. The main parameters are 1) maximum clot firmness; 2)

clotting time and 3) maximum clot lysis.

## **Secondary outcome**

Not applicable

# **Study description**

### **Background summary**

Mild therapeutic hypothermia (32-34°) improves neurological outcome in patients successfully resuscitated after cardiac arrest. Although hypothermia protects neurologic functions it leads to an unknown degree of impairment of the coagulation.

Infusion with cold crystalloids to induce hypothermia to 33° causes coagulopathy by dilution and causes a decrease in function of platelets. When temperature declines even further non in vivo studies showed that synthesis and kinetics of clotting enzymes, thrombin generation and plasminogen activator inhibitors may be affected. One clinical study showed a slightly prolonged clotting time as sole effect of mild hypothermia on coagulation but measurements were not performed on core temperature therefore causing a possible underestimated of coagulopathy caused by hypothermia. We therefore aim to observe in whole blood at patients core temperature and normotemperature how mild therapeutic hypothermia affects coagulation and in particular fibrinogen, in post cardiac arrest patients.

## Study objective

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We aim to observe in whole blood at patients core temperature and normotemperature how mild therapeutic hypothermia affects coagulation and in particular fibrinogen, in post cardiac arrest patients.

## Study design

Prospective observational, one centre study.

## Study burden and risks

In this study we will observe the effects of mild hypothermia on coagulation using thromboelastometry. Fore blood samples of 4.5ml will be used for analysation. Blood sampling will be done from an intravenous catheter witch is standard ICU procedure in all post cardiac arrest patients and will there for not add up to patient discomfort. All other parameters are according to routine ICU protocol and do not cause any extra burden. A potential benefit is the diagnosis of coagulations disorders that are not detected by classical coagulation parameters.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

In or out of hospital post cardiac arrest patients eligible for hypothermia > 18 years.

## **Exclusion criteria**

< 18 years
Pregnancy
Severe traumatic brain injury
Moribund patients
Use of coumarin derivatives
Pre-existing coagulopathy

Receiving fresh frozen plasma or platelets during hospital admission.

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Completed
Start date (anticipated): 15-03-2011

Enrollment: 20

Type: Actual

# **Ethics review**

Approved WMO

Date: 28-02-2011

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL33859.029.10