# The consequences of colorectal cancer for patients and their partners

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This study will contribute to improving quality of care for cancer survivors, since sexual problems seem to be profound but not always discussed with patients. Patients are now often insufficiently informed and do not know how to interpret their...

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Malignant and unspecified neoplasms gastrointestinal NEC

**Study type** Observational non invasive

## **Summary**

## ID

NL-OMON36622

#### Source

**ToetsingOnline** 

#### **Brief title**

The consequences of colorectal cancer for patients and their partners

#### **Condition**

- Malignant and unspecified neoplasms gastrointestinal NEC
- Gastrointestinal neoplasms malignant and unspecified

#### Synonym

Colorectal cancer, Colorectal carcinoma, Intestinal cancer

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Sint Elisabeth Ziekenhuis

Source(s) of monetary or material Support: KWF fonds

#### Intervention

**Keyword:** Health status, Personality, Quality of life, Sexual functioning

## **Outcome measures**

## **Primary outcome**

Primary study parameters: Subjective sexual functioning, objective sexual

functioning

Outcome of the study: Quality of (sexual) life, health status

## **Secondary outcome**

Secundary study parameters: Personality, mood states (anxiety/depression)

Outcome of the study: Quality of (sexual) life, health status, healthcare needs

# **Study description**

## **Background summary**

The results of this prospective study will give insight in 1) the incidence of sexual problems and the extent patients with colorectal cancer are bothered by these problems across time, 2) the effect of different treatment options on sexual functioning, 3) the relation between sexual problems and quality of life, and 4) the determinants of sexual problems and quality of sexual life adopting the biopsychosocial approach of patients with colorectal cancer who have been treated with surgery, radiation and/or chemotherapy, and more specifically to the role of personality and partner factors and sexual functioning/quality of sexual life, 5) the healthcare needs of patients and their partners with regard to sexuality and intimacy.

## Study objective

This study will contribute to improving quality of care for cancer survivors, since sexual problems seem to be profound but not always discussed with patients. Patients are now often insufficiently informed and do not know how to interpret their early and long-term physical or psychosocial problems. Characterizing the sexual problems of colorectal cancer patients and their partners and identifying factors that may alleviate the adverse effects of sexual dysfunction. Knowledge of potential future problems in sexual function

should be incorporated into preoperative counselling and guiding treatment decisions. In this way, patients are allowed to make better informed decisions about the management of colorectal cancer. Sexual dysfunction may significantly impact patient\*s subsequent quality of life. Knowledge about sexual problems is essential in order to educate both health professionals and patients about potential problems after medical treatment. However, as sexuality can be seen as a multidimensional construct, the development of psychosocial interventions will also benefit.

## Study design

Patients who are diagnosed with colorectal cancer at one of the participating hospitals during the period May 2010 and May 2014, and their partners will be asked to participate. Participants will be asked to complete questionnaires on sexual functioning, quality of life, fatigue, depressive symptoms, personality factors, and demographic factors. Questionnaires will be completed before surgical treatment or preoperative radiotherapy and at 6 weeks, 3, 6, and 12 months after diagnosis. Questionnaires on demographic and personality factors will only be filled in at baseline.

500 patients will be included within 2 years

A subgroup of patients and their partners will be asked to participate in separate focus group interviews. The participants will be purposively selected from their participation in the larger prospective study. In addition, we want to recruit couples of whom the patient has been diagnosed with colorectal cancer between 2008 and 2010, to ensure a wide variety of experiences to be represented. The focus group meetings are designed to assess the healthcare needs of patients and their partners with regard to sexuality and intimacy and how these healthcare needs can be best addressed. Furthermore, in order to investigate possible discrepancies between couples coping with colorectal cancer and their healthcare professionals we additionally want to conduct a focus group meeting with healthcare professionals in order to explore how they perceive the healthcare needs of couples coping with colorectal cancer and how these healthcare needs can be best addressed. There will be two focus groups consisting of patients (n=10 per group), two focus groups in which the partners will participate (n=10 per group), and one focus group in which the healthcare professionals will be interviewed (n=10). Each focus group will take 90 minutes.

## Study burden and risks

Burden: 4 hours / 5.5 hours (depending on participation in the focusgroup

meeting)

Risks: not applicable

## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Patients diagnosed with colorectal cancer and their partners.

## **Exclusion criteria**

Recurrence of disease at baseline; poor expression of the dutch language; dementie; a history of psychiatric illness.

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Health services research

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-09-2010

Enrollment: 1000

Type: Actual

## **Ethics review**

Approved WMO

Date: 17-05-2010

Application type: First submission

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 23-08-2010

Application type: Amendment

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 23-03-2011

Application type: Amendment

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 30-08-2011

Application type: Amendment

Review commission: METC Brabant (Tilburg)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 27180 Source: NTR

Title:

## In other registers

Register ID

CCMO NL32121.008.10 OMON NL-OMON27180