# Multi-electrode Pulmonary Vein isolation vs Single Tip wide area Catheter ablation for Paroxysmal Atrial Fibrillation

Published: 06-01-2011 Last updated: 04-05-2024

Purpose is to show that multi-electrode ablation is not inferior to irrigated single tip catheter ablation guided by 3-D mapping to treat paroxysmal atrial fibrillation.

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeCardiac arrhythmiasStudy typeInterventional

# **Summary**

#### ID

NL-OMON36751

Source

ToetsingOnline

**Brief title**MYSTIC-PAF

## **Condition**

Cardiac arrhythmias

#### Synonym

atrial fibrillation, heartrhythm disorder

#### Research involving

Human

# **Sponsors and support**

**Primary sponsor:** R&D Cardiologie

Source(s) of monetary or material Support: Investigator initiated onderzoek met grant

door industrie, Medtronic B.V.

## Intervention

**Keyword:** multi-electrode ablation catheter, paroxysmal atrial fibrillation, percutaneous

## **Outcome measures**

## **Primary outcome**

The primary effectiveness endpoint for the study is

- -absence of symptomatic atrial fibrillation
- -and freedom from secondary atrial arrhythmias at 3, 6 and 12 months

post-procedure by:

- · Repeated ECG
- · repeated 48-hour Holter in asymptomatic patients
- · event-recorder in symptomatic patients.

The safety endpoint is the measurement of a composite list of

procedure and device related serious adverse events followed for seven days.

SAEs will include:

- · Stroke· Major bleeding requiring surgical intervention
- · Cardiac tamponade · PV stenosis · Myocardial infarction
- · Diaphragmatic paralysis
- · Atrio-esophageal fistula
- · Death

## **Secondary outcome**

Secondaire effectiviteits eindpunten:

- Improvement of symptoms after 3 and 12 month
- Duration of RF burden
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- Skin-skin time for the ablation procedure
- Fluoroscopy time

# **Study description**

## **Background summary**

Atrial fibrillation (AF) is a very common cardiac arrhythmia affecting more than 8 million people in the US and Europe with still growing numbers. AF is associated with a 2.5 fold increase in mortality, and significant. Drugs have been found effective in no more than 60% of patients., regardless of whether a rate- or rhythm-control strategy was chosen. In symptomatic patients catheter ablation has become an accepted second line therapy. For paroxysmal AF efficacy rates of over 80% have been reported. The standard accepted technique nowadays is circumferential ablation in the antrum of the pulmonary veins (PVs) to achieve electrical isolation. This procedure is time consuming and the creation of lesions, which may add up to 50-100 point by point applications, is difficult and slow. Recently, a novel technology has been introduced that uses multi-electrode catheter technology for PV isolation. The procedure may be performed with only 2 catheters. In a single center study, the procedure was found to have an 83% efficacy and procedure times appeared to be much shorter than with conventional technology.

## Study objective

Purpose is to show that multi-electrode ablation is not inferior to irrigated single tip catheter ablation guided by 3-D mapping to treat paroxysmal atrial fibrillation.

## Study design

Prospective, multicenter-, multinational, randomised, non-inferiority trial with two groups.

#### Intervention

Catheterablation with either the multi-electrode PVAC catheter, or the single-tip catheter

## Study burden and risks

Participation in this study will not increase additional burden to the patient

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and will not lead to benefit. After the ablation procedure the patient will have 1 additional visits to the outpatient clinic and will undergo 1 additional holter recording 12 months after ablation

# **Contacts**

#### **Public**

Selecteer

Koekoekslaan 1 3435 cm NL

**Scientific** 

Selecteer

Koekoekslaan 1 3435 cm NL

# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- 1. History of symptomatic paroxysmal atrial fibrillation defined as:
- -Self-terminating AF lasting no more than seven days ·
- -AF events demonstrating spontaneous conversion back to sinus rhythm-
- -Documentation of one or more events with PAF tracings by ECG, event recordings, pacemaker strips or monitor rhythm strips within the past year6 months.
- -AF symptoms defined as the manifestation of any of the following
- -Palpitations
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- Fatigue
- -Exertional dyspnea
- -Effort intolerance
- 2. Patient is refractory for at least 1 anti-arrhythmic drug

## **Exclusion criteria**

- 1.Structural heart disease of clinical significance including:
- -Previous cardiac surgery (excluding CABG)
- -Symptoms of congestive heart failure including, but not limited to, NYHA Class III or IV CHF and/or documented ejection fraction < 40% measured by acceptable cardiac testing
- -Left atrial diameter of > 50mm as measured in the parasternal long axis on transthoracic echocardiogram
- -Stable/unstable angina or ongoing myocardial ischemia
- -Myocardial infarction (MI) within three months of enrollment
- -Aortic or mitral valve disease > Grade II
- -Congenital heart disease (not including ASD or PFO without a right to left shunt) where the underlying abnormality increases the risk of an ablative procedure
- -Prior ASD or PFO closure with a device using a percutaneous approach
- -Hypertrophic cardiomyopathy (LV wall thickness > 1.5 cm)
- -Pulmonary hypertension (mean or systolic PA pressure >50mm Hg on Doppler echo)
- 2. Prior ablation for arrhythmias other than AF within the past three months
- 3. Cardioversion < 7 days before ablation procedure
- 4. Prior left sided AF ablation

# Study design

# **Design**

Study phase: 3

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 25-01-2011

Enrollment: 80

Type: Actual

# Medical products/devices used

Generic name: Multi-electrode ablation catheter

Registration: Yes - CE intended use

# **Ethics review**

Approved WMO

Date: 06-01-2011

Application type: First submission

Review commission: MEC-U: Medical Research Ethics Committees United

(Nieuwegein)

Approved WMO

Date: 02-05-2011

Application type: Amendment

Review commission: MEC-U: Medical Research Ethics Committees United

(Nieuwegein)

Approved WMO

Date: 14-11-2011

Application type: Amendment

Review commission: MEC-U: Medical Research Ethics Committees United

(Nieuwegein)

Approved WMO

Date: 06-11-2012

Application type: Amendment

Review commission: MEC-U: Medical Research Ethics Committees United

(Nieuwegein)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL31688.100.10