

# Pancreatitis of biliary origin, Optimal timing of CHOlecystectomy (PONCHO)

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To compare the outcome of early laparoscopic cholecystectomy (

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Exocrine pancreas conditions
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON36818

### Source

ToetsingOnline

### Brief title

PONCHO trial

### Condition

- Exocrine pancreas conditions
- Bile duct disorders
- Hepatobiliary therapeutic procedures

### Synonym

biliary pancreatitis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Sint Radboud

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** - biliary pancreatitis, - cholecystectomy, - cholecystitis, - gallstones

## Outcome measures

### Primary outcome

Acute re-admission for biliary events (recurrent biliary pancreatitis, acute cholecystitis, choledocholithiasis mandating ERCP or biliary colics).

### Secondary outcome

- patient satisfaction, medical and indirect costs in terms of volumes of resource utilization in relation to outcome (cost-effectiveness analysis)  
- individual components of the primary endpoint: number of biliary colics after randomization, length of stay, difficulty of operation (VAS), duration and complications of cholecystectomy, conversion rate of laparoscopic to open cholecystectomy, length of stay, mortality.

## Study description

### Background summary

After biliary pancreatitis, cholecystectomy should be performed in order to reduce recurrent biliary disease (pancreatitis, cholecystitis). Current guidelines advocate cholecystectomy to be performed within 2-4 weeks after discharge. During that period, however, the patient is at risk for recurrent biliary disease. Based on a pilot study and a systematic review we expect that early laparoscopic cholecystectomy (<72 hrs after randomization), as compared to interval cholecystectomy (25-30 days after randomization), reduces recurrent biliary disease after mild

biliary pancreatitis.

### **Study objective**

To compare the outcome of early laparoscopic cholecystectomy (<72 hrs after randomization) with interval laparoscopic cholecystectomy (25-30 days after randomization) after mild biliary pancreatitis.

### **Study design**

A randomized controlled parallel-group superiority trial in 18 Dutch hospitals.

### **Intervention**

- A) Laparoscopic cholecystectomy within 72h after randomization, versus
- B) Laparoscopic cholecystectomy 25-30 days after randomization.

Patients are randomized at that time the treating physician feels the patient can be discharged within 1-2 days and all signs of acute disease have resolved.

### **Study burden and risks**

Research has shown that there is probably not a potential risk of an early laparoscopic cholecystectomy compared to an interval laparoscopic cholecystectomy. The burden is minimal, average 1 hour in total (forms, telephone follow-up and questionnaire).

However the minimalisation of recurrent biliary disease due to an early intervention is a clear benefit for patients.

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- age 18 years or older
- mild (non-severe) biliary pancreatitis, without sterile pancreatic necrosis and/or peripancreatic collections.
- first episode of pancreatitis
- written and oral informed consent

### Exclusion criteria

- patients <18 years
- patients >75 years with ASA III
- ASA IV and V patients
- patients with history of alcohol abuse or chronic pancreatitis
- mild pancreatitis with sterile pancreatic necrosis and/or peripancreatic collections
- severe pancreatitis: persistent (>48hrs) organ failure or necrotizing pancreatitis

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial

Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Health services research

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-11-2010
Enrollment:	266
Type:	Actual

## Ethics review

Approved WMO	
Date:	22-07-2010
Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO	
Date:	07-05-2012
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register**

CCMO

**ID**

NL32395.091.10

## Study results

Date completed: 18-02-2014

Actual enrolment: 266