# Optimizing of Ciclosporin monitoring, towards improved ciclosporine therapy in children after stem cell transplantation

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To define the relation between CsA exposure and occurrence of acute Graft-versus-Host disease. To investigate the relation between CsA exposure and other clinical outcome parameters (engraftment, relapse, treatment related toxicity and survival). To...

Ethical review Approved WMO

**Status** Recruitment stopped

Health condition type Other condition

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON36960

#### **Source**

ToetsingOnline

#### **Brief title**

AUC monitoring in CsA therapy

## **Condition**

Other condition

#### Synonym

Graft-versus-host disease, immuun reaction of transplant against the patients cells

### **Health condition**

atients undergoing an allogeneic stem cell transplantation due to a malignant or non-malignant immuno-hematologic disease.

## Research involving

Human

## **Sponsors and support**

Primary sponsor: Leids Universitair Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** Area under the curve (AUC), Ciclosporin, Pharmcokinetics

## **Outcome measures**

## **Primary outcome**

Acute GvHD, follow up of 100 days.

CsA exposure is defined as Area under the Curve over 12 hours.

## **Secondary outcome**

CsA trough level

Stem cell engraftment

Toxicity (renal, liver, neurological)

# **Study description**

#### **Background summary**

Ciclosporine a (CsA) is given to pediatric patients after their stem cell transplantation (SCT) to prevent the occurrence of Graft-versus-Host Disease (GVHD). Pharmacokinetic studies on CsA in different patient populations have provided evidence that CsA dosing can be optimized when guided by determination of CsA exposure (based on Area under the Curve (AUC) calculation). In the pediatric population undergoing allogeneic SCT, CsA therapy monitoring is still based in on trough levels. At this moment target AUC levels for CsA therapy in these patients are not known and the relation with trough levels is unresolved. In addition, the evidence for the currently applied target trough levels is limited.

We hypothesize that CsA therapy to prevent GVHD can be optimized by AUC guided dosing instead of dosing based on trough levels. Therefore, we will investigate

the association between CsA exposure and clinical outcome. Next to that, we will investigate the association between CsA exposure and CsA trough levels.

## Study objective

To define the relation between CsA exposure and occurrence of acute Graft-versus-Host disease. To investigate the relation between CsA exposure and other clinical outcome parameters (engraftment, relapse, treatment related toxicity and survival).

To investigate the association between CsA exposure and trough levels and investigate the feasibility of CsA exposure monitoring using the limited sampling model in clinical practice.

## Study design

This is a multicenter prospective observational study.

## Study burden and risks

In the pediatric population undergoing allogeneic stem cell transplantation CsA therapy monitoring is still based in on trough levels. Earlier studies in solid organ transplantation in both pediatric and adult patients demonstrated that CsA dosing can be optimized when guided by CsA exposure. However, CsA exposure is not studied before in this patient population in relation to clinical outcome.

To minimize patient burden and study CsA exposure a limited sampling model was developed, resulting in a reliable prediction of AUC using only 2 blood samples. As these patients have a permanent venous access, we think the addition of one blood samples per week (in hospital) and at another 2 time points in the ambulant setting will not increase the burden of the patient significantly.

This study will not be directly beneficial for the pediatric population participating in the study. In the future, we will implement AUC guided monitoring of CsA in normal patient care, provided that we can determine an optimal AUC in relation to the occurrence of acute GVHD.

## **Contacts**

#### **Public**

Leids Universitair Medisch Centrum

Albisnusdreef 2 Leiden 2333 ZA NL

#### **Scientific**

Leids Universitair Medisch Centrum

Albisnusdreef 2 Leiden 2333 ZA NL

## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adolescents (12-15 years) Adolescents (16-17 years) Children (2-11 years)

## Inclusion criteria

Pediatric patients of the stem cell transplantation program of the Willem-Alexander Children\*s Hospital, LUMC or Wilhelmina Children\*s hospital, UMCU undergoing allogeneic stem cell transplantation.

Patients starting with intravenous CsA as GVHD prophylaxis.

## **Exclusion criteria**

Absence of central venous access from which the blood samples can be drawn.

# Study design

## **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 04-02-2013

Enrollment: 110

Type: Actual

## **Ethics review**

Approved WMO

Date: 08-11-2012

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL40992.058.12