

# THE EFFECT OF COMPRESSION STOCKINGS ON SYSTEMIC AND PERIPHERAL PERFUSION PARAMETERS DURING HEAD UP TILT IN HEALTHY VOLUNTEERS

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To study the effect of compression stockings during supine and head up tilt on cardiac stroke volume as a reflection of the changes in central blood volume.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON37193

### Source

ToetsingOnline

### Brief title

Effect of Compression Stockings on Hemodynamics

### Condition

- Other condition

### Synonym

Compression stocking, hemodynamics

### Health condition

hemodynamic

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Compression Stocking, Head up tilt, Hemodynamics

## Outcome measures

### Primary outcome

Stroke volume, cardiac output, heart rate, arterial blood pressure

### Secondary outcome

Tissue oxygen saturation (StO<sub>2</sub>) and perfusion index (PI)

## Study description

### Background summary

The head up tilt from supine position is a commonly used maneuver to induce an acute reduction in central blood volume. The reduction of preload leads to a decrease in stroke volume and an increase in heart rate in order to maintain cardiac output and arterial blood pressure. These central hemodynamic alterations are accompanied by vasoconstriction, leading to decreased perfusion of the peripheral circulation. Our hypothesis is that the application of compression stockings on the lower extremities prevents the loss of central blood volume during head up tilt and thereby will help maintain central and peripheral perfusion during this maneuver.

### Study objective

To study the effect of compression stockings during supine and head up tilt on cardiac stroke volume as a reflection of the changes in central blood volume.

### Study design

Intervention study

## Intervention

Volunteers will wear compression stockings on both legs, which will be inflated prior to the head up tilt maneuver from supine position. Stockings will be inflated for 3 minutes during supine and head up tilt to the pressures of 50 cmH<sub>2</sub>O. Central hemodynamic measurements will be performed non-invasively with Finapres®. Peripheral perfusion will be measured non-invasively with near infrared spectroscopy (NIRS) and finger plethysmography, applied to the thenar and index finger, respectively.

## Study burden and risks

We will apply a pressure of 50 cmH<sub>2</sub>O to inflate the compression stockings. This pressure has been proven safe, not painful and not to induce ischemia. Since all techniques and measurements are non-invasive, the participating volunteers will not be exposed to additional risks.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

## Age

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

Healthy subjects

## Exclusion criteria

- Subjects will be excluded if they are taking cardio-active or neuro-active medications or if they have a history of syncope or orthostatic intolerance.
- Wounds on the lower leg

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 11-07-2012

Enrollment: 19

Type: Actual

### Medical products/devices used

Generic name: External leg compression pump (circulatory support device)

Registration: No

## Ethics review

Approved WMO

Date: 11-07-2012

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL40523.078.12