A Phase 1, Randomized, Double-Blind, Placebo-Controlled, Single- and Multiple-Dose Escalation Study Evaluating Safety and Pharmacokinetics of VX-983 Followed by an Open-Label, Randomized, Crossover Study to Estimate the Effect of Steady State Administration of VX-983 on the Pharmacokinetics of a Single, Oral Dose of Midazolam in Healthy Adult Subjects

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**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Respiratory disorders congenital

**Study type** Interventional

# **Summary**

#### ID

NL-OMON37286

#### Source

ToetsingOnline

#### **Brief title**

VX-983 FIH SAD, MAD, Midazolam DDI study in healthy volunteers

#### **Condition**

Respiratory disorders congenital

#### **Synonym**

Cystic fibrosis

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Vertex Pharmaceuticals

Source(s) of monetary or material Support: farmaceutische industrie

#### Intervention

Keyword: Cystic fibrosis, Midazolam, VX 983

#### **Outcome measures**

### **Primary outcome**

Safety and tolerability will be based on the assessment of adverse events, clinically significant laboratory test results, 12-lead lectrocardiograms (ECGs), and vital signs.

#### **Secondary outcome**

Parts A and B: PK parameters will be calculated for VX-983 and its metabolites (if possible) from plasma and urine samples collected in this study

Part C: PK parameters will be calculated for midazolam, 1-OHmidazolam, VX-983, and its metabolites (if possible) from plasma samples collected in this study

# **Study description**

#### **Background summary**

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VX-983 is a new investigational compound that may eventually be used for the treatment of Cystic Fibrosis. Cystic fibrosis is a genetic disorder that cause the body to produce unusually thick mucus. The thick mucus results in malfunction of organs like the lungs, pancreas and liver. VX-983 is not registered as a drug and this is the first time that this compound is being given to humans.

### **Study objective**

The study will consist of three parts, part A, B and C. The main purpose of the study is to investigate to what extent VX-983 is safe and tolerated. In addition, it will be investigated how quickly and to what extent VX-983 is absorbed and eliminated from the body (this is called pharmacokinetics). In part A single ascending doses will be investigated and in part B multiple ascending doses will be investigated. In part C the effect of VX-983 on the absorption and elimination of midazolam from the body will be investigated.

#### Study design

#### Part A:

The study will consist of 1 period during which you will stay in the clinical research centre in Zuidlaren for 6 days (5 nights).

During the study you will receive VX-983 or inactive formulation (placebo) in an oral suspension after 8 hours of fasting (no food or drinks) with 240 mL of tap water. Six participants will receive VX-983 and 2 participants will receive placebo in each group. Before and after the administration of the study medication a Listerine strip will be administered. This is a small, paper-thin strip that dissolves on the tongue and gives a strong mint taste; which will mask the bitter taste of study medication.

Whether you will receive the active drug or placebo will be determined by chance.

#### Part B:

The study will consist of 1 period during which you will stay in the clinical research centre in Zuidlaren for 15 days (14 nights).

During the study you will receive VX-983 or inactive formulation (placebo) in an oral suspension after 8 hours of fasting (no food or drinks) with 240 mL of tap water. Six participants will receive VX-983 and 2 participants will receive placebo in each group. Before and after the administration of the study medication a Listerine strip will be administered. This is a small, paper-thin strip that dissolves on the tongue and gives a strong mint taste; which will mask the bitter taste of study medication.

Whether you will receive the active drug or placebo will be determined by chance.

#### Part C:

The study will consist of 2 periods during which you will stay in the clinical research centre in Zuidlaren for 5 days (4 nights) and 12 days (11 nights). The time interval between the different periods (from discharge first period to admission second period) is 5 days. The time interval between the last dose of study drug of the first period and the first dose of study drug in period 2 will be a minimum of 7 days.

During the study you will receive VX-983 or midazolam in an oral suspension after 8 hours of fasting (no food or drinks) with 240 mL of tap water. Before and after the administration of the study medication a Listerine strip will be administered. This is a small, paper-thin strip that dissolves on the tongue and gives a strong mint taste; which will mask the bitter taste of study medication.

#### Intervention

Part A: single dose of VX 983 or placebo after 8 hours fasting period in the form of an oral suspension.

Part b: multiple doses of VX 983 or placebo after 8 hours fasting period in the form of an oral suspension.

Part C: treatment A: On Day 1 a single oral dose of 2 mg midazolam will be administered; treatment B: On Day 1 through 9 an oral dose of VX-983 will be administered. On Day 10 VX-983 is administered together with a single oral dose of 2 mg midazolam.

### Study burden and risks

Procedures: pain, light bleeding, heamatoma, possibly an infection.

As VX-983 will be administered to men for the first time in this study, so to date adverse effects in men have not been reported. VX-983 has been studied in animals. It was generally well tolerated by animals (rats and dogs). After administration of very high doses, beyond what will be administered in this study, for several weeks the most frequently seen adverse effect was a decrease in food consumption with weight loss, and less frequently diarrhea, vomiting, decreased activity and a lack of voluntary coordination of muscle movements (ataxia).

After the administration of Midazolam® one will probably become very sleepy for the first few hours. The most frequent adverse effects reported are muscle weakness, dizziness, memory loss and gastrointestinal complaints.

# **Contacts**

#### **Public**

Vertex Pharmaceuticals

Waverly street 130 Cambridge, Massachusetts 02139 US

**Scientific** 

**Vertex Pharmaceuticals** 

Waverly street 130 Cambridge, Massachusetts 02139 US

# **Trial sites**

#### **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

healthy male and female subjects 18-55 yrs, inclusive BMI: 18.0-31.0 kg/m2, inclusive

### **Exclusion criteria**

Suffering from hepatitis B, hepatitis C, cancer or HIV/AIDS. In case of participation in another drug study within 60 days before the start of this study or being a blood donor within 60 days from the start of the study. In case of donating more than 1.5 liters of blood in the 10 months prior the start of this study.

# Study design

### **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 11-01-2013

Enrollment: 92

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: Midazolam

Generic name: Midazolam

Registration: Yes - NL intended use

# **Ethics review**

Approved WMO

Date: 21-12-2012

Application type: First submission

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 22-05-2013

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

EudraCT EUCTR2012-005067-26-NL

CCMO NL42917.056.12