# Sacrospinous ligament fixation versus Elevate Posterior procedure in treatment of primary apical prolapse stage \* 2: a multi-center randomised controlled trial.

Published: 13-03-2012 Last updated: 15-05-2024

To compare the effects of Elevate Posterior procedure versus sacrospinous ligament fixation on pelvic floor function.

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Reproductive tract disorders NEC

Study type Interventional

## **Summary**

#### ID

NL-OMON37357

#### Source

ToetsingOnline

### **Brief title**

Elevate Posterior trial

#### **Condition**

- Reproductive tract disorders NEC
- Obstetric and gynaecological therapeutic procedures

#### Synonym

Pelvic organ prolapse

### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

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**Source(s) of monetary or material Support:** Ministerie van OC&W,American Medical Systems, Inc.

### Intervention

**Keyword:** Mesh, Prolapse, Sexual function, Surgery

### **Outcome measures**

### **Primary outcome**

Quality of life related to pelvic floor function measured using validated disease-specific quality of life questionnaires (UDI, DDI, IIQ)

### **Secondary outcome**

Sexual function at one year after intervention measured using the PISQ-12 questionnaire, POP-Q, morbidity (including post-operative pain, complications and recovery of normal daily activities), generic quality of life, repeated pelvic floor surgery within 12 months after intervention and cost analysis.

## **Study description**

#### **Background summary**

Pelvic organ prolapse is a common health problem, with a life time risk to undergo surgery of 11%. When dealing with an apical compartment prolapse the most frequent proposed procedure is sacrospinous ligamant fixation, but recently a mesh procedure (Elevate Posterior) was introduced. Although mesh is not recommended as primary procedure based on objectified adverse effects like exposure, pelvic pain and dyspareunia, there is theoretical basis to believe that for apical prolapse, Elevate Posterior is beneficial compared to native tissue repair. We propose a multi-center RCT comparing sacropinous ligament fixation to Elevate Posterior in primary apical compartment prolapse.

### Study objective

To compare the effects of Elevate Posterior procedure versus sacrospinous ligament fixation on pelvic floor function.

### Study design

A multi-center, randomised, controlled trial

#### Intervention

Elevate Posterior or sacrospinous ligament fixation

### Study burden and risks

As we compare two strategies that are already applied in current clinical practice, no additional risks from both procedures are expected. Evaluation will take place after 6 weeks (routine post-operative consultation), by telephone after 6 months and patients will be invited for one extra visit to the hospital at 12 months (in some hospitals also a routine post-operative consultation).

### **Contacts**

#### **Public**

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#### **Scientific**

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### **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

Sexually active women with a primary apical compartment prolapse stage \* 2 requiring surgery.

### **Exclusion criteria**

- Previous prolapse surgery
- Enterocele stage \* 2 after hysterectomy (performed for other reasons than prolapse)
- Known malignancy
- Pregnancy or wish to become pregnant
- Unwilling to return for follow-up or language barriers
- Presence of immunological / haematological disorders interfering with recovery after surgery
- Abnormal ultrasound findings of uterus or ovaries.

## Study design

### **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 21-03-2013

Enrollment: 100

Type: Actual

### **Ethics review**

Approved WMO

Date: 13-03-2012

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 01-06-2012

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 10-08-2012

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 19-11-2012

Application type: Amendment

Review commission: METC Amsterdam UMC

Not approved

Date: 28-03-2013

Application type: Amendment

Review commission: METC Amsterdam UMC

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 27804

Source: Nationaal Trial Register

Title:

## In other registers

Register ID

CCMO NL38240.018.11 OMON NL-OMON27804