# Study of the pharmacokinetics of Infliximab (IFX) in moderate to severe Ulcerative Colitis

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To get a better understanding of the pharmacokinetics of IFX in Ulcerative Colitis, especially with regards to the circulating drug levels in the first 42 days after the start of therapy, and in relationship to the \*inflammatory burden\* by...

**Ethical review** Approved WMO

**Status** Recruitment stopped

**Health condition type** Gastrointestinal inflammatory conditions

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON37516

#### Source

ToetsingOnline

#### **Brief title**

**KINETIC** 

druglevel Infliximab

#### **Condition**

Gastrointestinal inflammatory conditions

#### **Synonym**

Inflammatory Bowel Disease, Ulcerative Colitis

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

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#### Intervention

Keyword: Drug level, Infliximab, Pharmacokinetics, Ulcerative Colitis

#### **Outcome measures**

#### **Primary outcome**

Drug level of Infliximab at several time points

#### **Secondary outcome**

Development of antibodies, fecal calprotectin en serum CRP, Albumine level,

Simple Clinical Colitis Activity Index, colonoscopy and biopsies at the

different time points

## **Study description**

#### **Background summary**

Infliximab (IFX) has become a common treatment for Ulcerative Colitis (UC) and the first choice in patients with steroid-refractory disease. Among patients who initially respond to infliximab up to 40% will subsequently lose response. The development of antibodies to infliximab has been associated, in several studies, with decreased drug concentrations and a decreased clinical response. However, drug consumption due to massive presence of inflammation and mucosal TNF may represent another mechanism of early suboptimal response. One Canadian study showed that patients with detectable trough level of infliximab not only have a higher rate of clinical remission, but also a lower serum CRP and a higher rate of endoscopic healing. We hypothesize that a suboptimal effect of infliximab in UC patients could be

related to subtherapeutic serum levels due to consumption of the antibody in the mucosal bowel compartment. In patients with acute severe bowel inflammation the circulating IFX level might therefore be lower.

#### **Study objective**

To get a better understanding of the pharmacokinetics of IFX in Ulcerative Colitis, especially with regards to the circulating drug levels in the first 42 days after the start of therapy, and in relationship to the \*inflammatory burden\* by Ulcerative Colitis.

#### Study design

Prospective observational multicenter study

#### Study burden and risks

Subjects will undergo several blood (15cc) and stool sample collections (outpatient:11, hospitalized:14), 2 colonoscopies, 6 physical examinations and questionnaires (SCCAI) will be taken in 11-14 distinct hospital visits. Risks involved with colonoscopy and biopsies are perforation or bleeding.

### **Contacts**

#### **Public**

Academisch Medisch Centrum

Meibergdreef 9 1105 AZ Amsterdam NL

**Scientific** 

Academisch Medisch Centrum

Meibergdreef 9 1105 AZ Amsterdam NI

### **Trial sites**

#### **Listed location countries**

**Netherlands** 

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- -Age from 18 years, either male or female
- -Moderate to severe Ulcerative Colitis (according to Mayo score (2 or 3) baseline Colonoscopy) naïve to biologic therapy.
- -Baseline Colonoscopy
- -Obtained written informed consent

#### **Exclusion criteria**

- -History of anti-TNF treatment
- -Contra-indication to infliximab: TBC, severe infections or congestive heart failure.
- -Imminent need for surgery
- -Immunomodulators started in the last 4 weeks

## Study design

### **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 09-07-2012

Enrollment: 20

Type: Actual

### **Ethics review**

Approved WMO

Date: 04-05-2012

Application type: First submission

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## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

CCMO NL39626.018.12

## **Study results**

Date completed: 03-04-2014

Actual enrolment: 20