

# A double-blind, randomized study to evaluate plasma prolactin levels in healthy volunteers after single oral doses of lorazepam

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Evaluation of the effect of single oral doses of lorazepam on plasma concentration of prolactin

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Hypothalamus and pituitary gland disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON37691

### Source

ToetsingOnline

### Brief title

Prolactin levels after single oral doses of lorazepam

### Condition

- Hypothalamus and pituitary gland disorders
- Sleep disturbances (incl subtypes)

### Synonym

hyperprolactinemia, increased prolactin levels

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Centre for Human Drug Research

**Source(s) of monetary or material Support:** Centre for Human Drug Research

## Intervention

**Keyword:** healthy volunteer, lorazepam, prolactin

## Outcome measures

### Primary outcome

Plasma prolactin concentration

### Secondary outcome

not applicable

## Study description

### Background summary

A stimulating effect of lorazepam and other GABA agonists on plasma prolactin levels are known from animal studies. In healthy volunteers, this effect has not been confirmed. However, these studies suffered from small sample sizes. The present study aims to evaluate prolactin levels after administration of lorazepam or placebo in a larger population of healthy volunteers.

### Study objective

Evaluation of the effect of single oral doses of lorazepam on plasma concentration of prolactin

### Study design

Double-blind, randomized and placebo-controlled, cross-over study with blood samples of healthy volunteers (n = 32) obtained in two other studies, in which the volunteers were administered single oral doses of 2 mg lorazepam or placebo.

These two studies are:

ClinicalTrials.gov identifier NCT00720421; EudraCT 2008-001756-51

ClinicalTrials.gov identifier NCT00720421; EudraCT 2008-001757-17

## Intervention

not applicable

### **Study burden and risks**

not applicable

## **Contacts**

### **Public**

Centre for Human Drug Research

Zernikedreef 10

2333 CL Leiden

NL

### **Scientific**

Centre for Human Drug Research

Zernikedreef 10

2333 CL Leiden

NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Not applicable. This study will consist of performing additional analysis of prolactin concentration in blood samples obtained from healthy volunteers in two other (separate) studies. Signed informed consent forms from all volunteers are available and cover this additional analysis. As a result, no new volunteers will be included

## Exclusion criteria

Not applicable. This study will consist of performing additional analysis of prolactin concentration in blood samples obtained from healthy volunteers in two other (separate) studies. Signed informed consent forms from all volunteers are available and cover this additional analysis. As a result, no new volunteers will be included

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	12-06-2012
Enrollment:	32
Type:	Actual

## Ethics review

Approved WMO	
Date:	11-06-2012
Application type:	First submission
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL40111.058.12