

# Vagus nerve stimulation in epilepsy during physical exercise

Published: 10-04-2012

Last updated: 26-04-2024

- To investigate the cause of the symptoms patients with a vagus nerve stimulator experience during exercise.- To investigate whether there are changes in EEG during stimulation.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Cardiac arrhythmias
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON37758

### Source

ToetsingOnline

### Brief title

VNS in epilepsy during physical exercise

### Condition

- Cardiac arrhythmias
- Seizures (incl subtypes)
- Upper respiratory tract disorders (excl infections)

### Synonym

Vagus nerve stimulation in epilepsy

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Medisch Spectrum Twente

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Epilepsy, Physical exercise, Vagus nerve stimulation (VNS)

## Outcome measures

### Primary outcome

The main study parameters are lung function parameters, ECG values and blood pressure and pulse oximetry, during rest and during exercise.

### Secondary outcome

Secondary study parameter will be the EEG.

## Study description

### Background summary

Vagus nerve stimulation is a form of neuromodulation, used as a treatment for refractory epilepsy. Besides the positive effects of this stimulation on the seizure frequency, several side effects are associated with the stimulation, such as coughing, dyspnea and bradycardias. Some patients mention that they do not experience any symptoms during rest, while during exercise they get the idea that they cannot get enough air during stimulation. It remains unclear whether the cause of this is respiratory, laryngeal or cardiac.

### Study objective

- To investigate the cause of the symptoms patients with a vagus nerve stimulator experience during exercise.
- To investigate whether there are changes in EEG during stimulation.

### Study design

Case control observational study

### Study burden and risks

There are no specific risks associated with participating in this study. In epilepsy patients there is the always present risk of a seizure happening. This study is neither increasing nor decreasing this risk. The exercise will not be

maximal; the subjects will exercise at a level they normally do while riding a bike, so no additional risks are expected.

There is no individual benefit for the subjects participating in the study.

## Contacts

### **Public**

Medisch Spectrum Twente

Postbus 50000

7500 KA

NL

### **Scientific**

Medisch Spectrum Twente

Postbus 50000

7500 KA

NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Adults (age > 18 years);
- Diagnosed with epilepsy
- Stable epilepsy
- Mentally competent
- Able to exercise for 20 minutes
- (- Implanted with a vagus nerve stimulator)

## Exclusion criteria

- Not able to give informed consent
- Known cardiac and/or respiratory diseases

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	25-04-2012
Enrollment:	15
Type:	Actual

## Ethics review

Approved WMO	
Date:	10-04-2012
Application type:	First submission
Review commission:	METC Twente (Enschede)

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL39555.044.12
Other	<a href="http://www.trialregister.nl">www.trialregister.nl</a> ; nummer volgt