# Non-invasive quantification of liver fibrosis with ultrasound: pilot

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**Ethical review** Approved WMO

**Status** Recruitment stopped

**Health condition type** Hepatic and hepatobiliary disorders

**Study type** Observational non invasive

# **Summary**

## ID

**NL-OMON37760** 

#### Source

**ToetsingOnline** 

#### **Brief title**

Non-invasive quantification of liver fibrosis

## **Condition**

Hepatic and hepatobiliary disorders

#### **Synonym**

liver fibrosis, liver scarring

## Research involving

Human

# **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** elastography, liver fibrosis, ultrasound

## **Outcome measures**

## **Primary outcome**

The main study outcomes are:

- Reference intervals
- Intra- and interobserver variability

To this end, the following variables will be measured / calculated: strain (for elastography) and inhomogeneity (for ASQ), their variances, the corresponding effect size and coefficients of agreement.

## **Secondary outcome**

nvt

# **Study description**

## **Background summary**

There is an urgent need for reliable non-invasive methods to evaluate the degree of liver fibrosis. The current gold standard, liver biopsy, has several disadvantages such as a high sampling variability and a high morbidity. Ultrasound offers two techniques that might be sensitive enough to quantify liver fibrosis. In this pilot study, we want to measure normal and extreme values in healthy and diseased livers.

## Study objective

Main goal: In this non-invasive pilot study, we want to investigate whether these techniques can discriminate between healthy livers and livers with cirrhosis. For the new techniques to be applied as an alternative for biopsy, the output values of patients with livers with cirrhosis should minimally overlap with those of persons with healthy livers. Moreover, intra- and interobserver variations should be low.

## Study design

All subjects undergo an ultrasound examination which comprises the two new techniques.

In group 1, each exam consists of four repeated observations by two observers according to Obs1-Obs2-Obs1-Obs2

# Study burden and risks

Ultrasound is a very safe technique that does not use ionizing radiation. The examinations, which require placing a probe on the skin between ribs under mild pressure, is rarely experienced as unpleasant

# **Contacts**

#### **Public**

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# **Trial sites**

# **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

# Inclusion criteria

Group 1: 25 healthy volunteers, age 25-70 years, BMI 20-40

Group 2: 25 patients with histologically confirmed cirrhosis, age > 18 years

# **Exclusion criteria**

Group 1

History of liver disease

Excessive alcohol use (> 25 consumptions per week for men, > 10 consumptions per week

for women)

# Study design

# **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 04-05-2012

Enrollment: 50

Type: Actual

# **Ethics review**

Approved WMO

Date: 04-05-2012

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL38429.042.11