# Differences in small airways disease between asymptomatic and symptomatic subjects with airway hyperresponsiveness

Published: 16-05-2012 Last updated: 01-05-2024

To investigate the presence and extent of small airways disease in subjects with asymptomatic AHR, patients with asthma and non-AHR controls. Specific research questions:1) Do subjects with asymptomatic AHR have less small airways disease than...

Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Bronchial disorders (excl neoplasms)

**Study type** Observational invasive

# **Summary**

#### ID

NL-OMON37837

#### **Source**

ToetsingOnline

#### **Brief title**

AHR and small airways

## **Condition**

• Bronchial disorders (excl neoplasms)

#### Synonym

asthma, oversensitive airways

## Research involving

Human

# **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

1 - Differences in small airways disease between asymptomatic and symptomatic subjec ... 27-05-2025

Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** airway hyperresponsiveness, asthma, asymptomatic, Small airways

#### **Outcome measures**

## **Primary outcome**

peripheral airway resistance, measured with IOS

## **Secondary outcome**

Peripheral airway resistance measured with IOS during provocationtest

Other small airways parameters:

- FEF25-75
- alveolar NO
- RV, RV/TLC

mRNA expression in nasal epithelium.

# **Study description**

## **Background summary**

Bronchial hyperresponsiveness (BHR) is a feature of asthma. There are also persons with asymptomatic BHR. These people do not experience symptoms, however earlier research indicates that these subjects have increased inflammation and remodelling of the airways. Furthermore, asymptomatic BHR appears to be a risk factor for asthma development. Recently, there has been increasing evidence that dysfunction of the small airways (defined as airways with an internal diameter >2 mm) contributes importantly to airflow obstruction and symptoms in patients with asthma. We hypothesize that asymptomatic subjects with BHR do not experience respiratory symptoms because they have less small airways disease

compared to symptomatic subjects.

## **Study objective**

To investigate the presence and extent of small airways disease in subjects with asymptomatic AHR, patients with asthma and non-AHR controls.

Specific research questions:

- 1) Do subjects with asymptomatic AHR have less small airways disease than patients with asthma?
- 2) Do subjects with asymptomatic AHR have more small airways disease than healthy non-AHR controls?

## Study design

An observational study, comparing 3 groups:

- Asthmatics
- Subjects with asymptomatic AHR
- Healthy controls without AHR

Pulmonary function will be measured, as well as a provocation test with methacholine during which dyspnea and IOS will be measuren

# Study burden and risks

The burden shall be very limited for the patients. The study will take about 4 hours, divided over 2 visits. The risks are also limited. During the provocation test, the subject may experience some dyspnea. The nasal brush may cause a nosebleed.

This study may give insight into the origin of symptoms in ashtma en the association between these symptoms and small airways disease. This knowledge can be used to better treat asthma patients, e.g. with medication designed to target the small airways.

# **Contacts**

#### **Public**

Universitair Medisch Centrum Groningen

Postbus 30.001 9700 RB Groningen NL

#### **Scientific**

3 - Differences in small airways disease between asymptomatic and symptomatic subjec ... 27-05-2025

Universitair Medisch Centrum Groningen

Postbus 30.001 9700 RB Groningen NL

# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Inclusion criteria for asymptomatic subjects without AHR:

- Age between 18 and 65 years.
- FEV1 > 80% predicted post bronchodilator.
- PC20 methacholine <= 8 mg/ml.</li>
- No history of asthma or previous use of asthma medication.;Inclusion criteria for asymptomatic subjects without AHR :
- Age between 18 and 65 years.
- FEV1 > 80% predicted post bronchodilator.
- PC20 methacholine >8 mg/ml.
- No history of asthma or previous use of asthma medication.;Inclusion criteria for patients with asthma:
- Age between 18 and 65 years.
- FEV1 > 80% predicted.
- PC20 methacholine <=8 mg/ml.
- Doctor's diagnosis of asthma
- No history of COPD

## **Exclusion criteria**

- Use of inhaled or oral steroids, antihistamines, nedocromil, theophylline, leukotrien antagonists or long-acting beta-agonists for at least three weeks before the start of the
  - 4 Differences in small airways disease between asymptomatic and symptomatic subjec ... 27-05-2025

## study.

- Any disease that may affect the outcome of the study as judged by the Investigator.
- FEV1 < 1.2 liter.
- A respiratory tract infection within 4 weeks prior to the start of the study.

# Study design

# **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 16-05-2012

Enrollment: 45

Type: Actual

# **Ethics review**

Approved WMO

Date: 16-05-2012

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL40013.042.12

Other volgt