

# Perioperative maintenance of global tissue perfusion and volemic state in abdominal surgery: Nexfin cardiac output and pulse pressure variation versus arterial blood pressure-guided therapy

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Primary objective: Does perioperative maintenance of cardiac output and pulse pressure variation result in an overall reduction in postoperative complications when compared to arterial blood pressure-guided perioperative hemodynamics in patients...

|                              |                                         |
|------------------------------|-----------------------------------------|
| <b>Ethical review</b>        | Approved WMO                            |
| <b>Status</b>                | Recruitment stopped                     |
| <b>Health condition type</b> | Gastrointestinal therapeutic procedures |
| <b>Study type</b>            | Interventional                          |

## Summary

### ID

NL-OMON37876

### Source

ToetsingOnline

### Brief title

COGUIDE study

### Condition

- Gastrointestinal therapeutic procedures

### Synonym

Abdominal surgery, bowel surgery

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Abdominal surgery, Fluid overload, Hemodynamics, Volume therapy

## Outcome measures

### Primary outcome

Main study endpoints: The primary endpoint is defined as postoperative morbidity based on the incidence of a number of predefined complications until 30 days after surgery. These parameters include, among others, reoperation, infections, rehabilitation and restoration of gastrointestinal function.

### Secondary outcome

Secondary endpoints include hospital length of stay and microcirculatory perfusion.

## Study description

### Background summary

This investigation is based on the hypothesis that perioperative guidance of global tissue perfusion and volemic state by cardiac output and pulse pressure variation is associated with less postoperative complications than arterial blood pressure-guided therapy in patients undergoing abdominal surgery. In the present study we therefore aim to compare these two strategies of perioperative hemodynamic optimization to evaluate the effects of both strategies on patient outcome.

### Study objective

Primary objective:

Does perioperative maintenance of cardiac output and pulse pressure variation result in an overall reduction in postoperative complications when compared to

arterial blood pressure-guided perioperative hemodynamics in patients undergoing elective abdominal surgery?

Secondary objectives:

Does perioperative maintenance of cardiac output and pulse pressure variation result in distinct perioperative microcirculatory perfusion patterns when compared to arterial blood pressure-guided perioperative hemodynamics in control patients?

What is the level of agreement between Nexfin and Flotrac arterial blood pressure, cardiac output and PPV.

## **Study design**

Multicenter, single-blinded randomized clinical intervention trial.

## **Intervention**

Intervention: Hemodynamic guidance based on arterial blood pressure or cardiac output with pulse pressure variation.

## **Study burden and risks**

This investigation is associated with a minimal risk for the patient. Most procedures will be performed during general anesthesia and do not divert from routine clinical practice. Only in the 15 minutes before anesthesia induction patients are aware of the finger cuff device and arterial line for arterial blood pressure, cardiac output and pulse pressure variation measurements. Perioperative arterial blood pressure (control A) or cardiac output and pulse pressure variation (CO group)-guided therapy by fluids and/or vasopressors will not divert from standard clinical care. Patients will be phoned at 7 and 30 days after surgery. Thirty days after surgery, patients receive a questionnaire to identify postoperative complications and rehabilitation.

## **Contacts**

### **Public**

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De Boelelaan 1117

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NL

### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Patients undergoing elective abdominal surgery

Age 18-85 years

Expected duration of surgery > 90 minutes

Informed consent

### Exclusion criteria

Preexisting cardiac arrhythmias

Emergency operation

ICU patients

Body mass index below 20 kg/m<sup>2</sup> and above 40 kg/m<sup>2</sup>.

Patients without an invasive arterial line

Decompensatio cordis

Aortic valve disease

Ejection fraction < 0.3

Aortic valve stenosis: surface < 1.2 cm<sup>2</sup>

Pulmonary arterial pressure > 30 mm Hg, TAPSE < 18 mm

Incapacitated patients

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Interventional                |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Single blinded (masking used) |
| Control:            | Active                        |
| Primary purpose:    | Treatment                     |

### Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 10-01-2012          |
| Enrollment:               | 275                 |
| Type:                     | Actual              |

### Medical products/devices used

|               |                                                        |
|---------------|--------------------------------------------------------|
| Generic name: | Nexfin CC Non-invasive arterial blood pressure monitor |
| Registration: | Yes - CE intended use                                  |

## Ethics review

|                    |                    |
|--------------------|--------------------|
| Approved WMO       |                    |
| Date:              | 28-09-2011         |
| Application type:  | First submission   |
| Review commission: | METC Amsterdam UMC |
| Approved WMO       |                    |
| Date:              | 23-04-2012         |
| Application type:  | Amendment          |
| Review commission: | METC Amsterdam UMC |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL37830.029.11 |