

# Randomized maintenance therapy with Azacitidine (Vidaza) in older patients ( $\geq$ 60 years of age) with acute myeloid leukemia (AML) and refractory anemia with excess of blasts (RAEB, RAEB-t)

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- To assess, in a randomized study the value of Azacitidine as post remission therapy (in comparison to observation) in elderly patients with AML, RAEB or RAEB-t with respect to the disease free survival.- In addition, post remission Azacitidine...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Leukaemias
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON37945

### Source

ToetsingOnline

### Brief title

HOVON 97 AML

### Condition

- Leukaemias

### Synonym

Acute myeloid leukemia, leukemia

### Research involving

Human

## Sponsors and support

**Primary sponsor:** HOVON

**Source(s) of monetary or material Support:** Celgene Corporation, Stichting HOVON; KWF

## Intervention

**Keyword:** acute myeloid leukemia, Azacitidine, maintenance, refractory anemia

## Outcome measures

### Primary outcome

- Disease-free survival measured from the date of randomization to relapse or death from any cause whichever comes first.

### Secondary outcome

- Overall survival measured from the date of randomization
- Probability of relapse and death after inclusion from date of randomization calculated as competing risks.
- Number and duration of hospitalization as well as transfusion requirements (red cell and platelet transfusion).
- Adverse events

## Study description

### Background summary

For elderly patients newly diagnosed with AML attaining CR, post-remission chemotherapy consisting of high dose cytarabine has not provided significant benefits due to enhanced toxicity. Marrow ablative cytotoxic stem cell transplants are rarely applied in patients with AML of 60 yrs and older for similar reasons. As a consequence, other avenues need to be pursued to prevent relapse in complete responders of older age.

Recent studies have suggested that maintenance chemotherapy applied for several months during remission in older patients with AML may reduce the frequency of relapse

Morphologic (dysplasia) and cytogenetic criteria present in malignant blast cells of elderly patients, suggest that AML and Myelodysplastic Syndromes (MDS) might be associated diseases. It could be argued that elderly patients with AML, who have less than 5% blasts in their bone marrow after intensive chemotherapy, still have a disease comparable with MDS. These facts and the efficacy of Azacitidine in MDS argue for the use of Azacitidine as maintenance therapy after 2 cycles of intensive chemotherapy in patients with AML, obviously at high risk of relapse.

### **Study objective**

- To assess, in a randomized study the value of Azacitidine as post remission therapy (in comparison to observation) in elderly patients with AML, RAEB or RAEB-t with respect to the disease free survival.
- In addition, post remission Azacitidine therapy will be evaluated with respect to toxicity, probability of relapse and probability of death in first CR and overall survival.
- To evaluate prognostic factors (e.g. phenotype, cytogenetics) in the context of post remission therapy with Azacitidine as regards to overall survival, and disease free survival.

### **Study design**

Prospective, multicenter, randomized phase III trial.

### **Intervention**

maintenance therapy with Azacitidine or observation

### **Study burden and risks**

The most common adverse effects of Azacitidine are myelosuppression, nausea and vomiting and injection site reactions.

## **Contacts**

### **Public**

HOVON

De Boelelaan 1117  
Amsterdam 1081 HV  
NL

### **Scientific**

HOVON

De Boelelaan 1117  
Amsterdam 1081 HV  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Age 60 years or more
- Subjects with a cytopathologically confirmed diagnosis of  
(a) AML (M0-M2 and M4-M7, FAB classification) or  
(b) refractory anemia with excess of blasts (RAEB) or refractory anemia with excess of blasts in transformation (RAEB-t) with an IPSS score of  $>1.5$   
Note: Subjects with a secondary AML progressing from antecedent myelodysplasia and biphenotypic leukaemia are eligible.
- Less than 5% bone marrow blasts and absence of Auer rods after 2 cycles of induction therapy
- Hematological recovery, i.e.  $ANC \geq 0.5 \times 10^9/l$  and platelets  $\geq 50 \times 10^9/l$
- WHO performance status  $\leq 2$
- Written informed consent

### Exclusion criteria

- Extramedullary disease
- Planned allogeneic hematopoietic cell transplantation
- Previous polycythaemia rubra vera
- Primary myelofibrosis
- Blast crisis of chronic myeloid leukemia
- AML-FAB type M3 or AML with cytogenetic abnormality  $t(15;17)$
- Impaired hepatic or renal function as defined by:  
ALT and/or AST  $> 2.5 \times$  normal value

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Bilirubin > 2 x normal value  
Serum creatinin > 2 x normal value (after adequate hydration)  
- Concurrent severe and/or uncontrolled medical condition (e.g. uncontrolled diabetes, infection, hypertension, cancer, etc.)  
- Cardiac dysfunction as defined by:  
Myocardial infarction within the last 6 months of study entry, or  
Reduced left ventricular function with an ejection fraction <50%  
Unstable angina  
Unstable cardiac arrhythmias

## Study design

### Design

Study phase: 3  
Study type: Interventional  
Intervention model: Parallel  
Allocation: Randomized controlled trial  
Masking: Open (masking not used)

**Primary purpose:** Treatment

### Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 30-06-2009  
Enrollment: 86  
Type: Actual

### Medical products/devices used

Product type: Medicine  
Brand name: Vidaza  
Generic name: Azacitidine  
Registration: Yes - NL outside intended use

## Ethics review

Approved WMO

Date: 20-02-2009

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 18-03-2009

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 25-11-2011

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 20-12-2011

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 16-01-2012

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 12-04-2012

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 28-09-2012

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 29-10-2012

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 23-05-2013

Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	11-07-2013
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	01-08-2013
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	20-12-2013
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	05-01-2015
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	24-11-2015
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO Date:	07-12-2016
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
EudraCT	EUCTR2008-001290-15-NL
CCMO	NL23888.042.08