# Substrate and mechanisms of ventricular arrhythmia in non-ischemic cardiomyopathy

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1) To improve our understanding of the underlying pro-arrhythmic substrate and electrophysiologic mechanisms of VA in NICM, and to develop individualized treatment for VA based on the identified substrate. 2) To improve risk stratification for VA...

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Cardiac arrhythmias **Study type** Observational invasive

# **Summary**

#### ID

NL-OMON38075

#### Source

**ToetsingOnline** 

#### **Brief title**

Non-ischemic cardiomyopathy

## **Condition**

Cardiac arrhythmias

#### **Synonym**

dilated cardiomyopathy, heart muscle disease

## Research involving

Human

## **Sponsors and support**

Primary sponsor: Leids Universitair Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** Non-ischemic cardiomyopathy, Substrate, Ventricular arrhythmia, Ventricular tachycardia

## **Outcome measures**

## **Primary outcome**

The main study parameters are extent, location and pattern of fibrosis in biopsy specimens, in-vitro electrophysiological properties of biopsy specimens and electroanatomical mapping results. The main study endpoints are inducibility of VA, type of induced VA, spontaneous VA and type of spontaneous VA.

## **Secondary outcome**

Secondary study parameters:

- CE-MRI
- 123-I MIBG/MIBI imaging
- Collagen turnover markers
- Electroanatomical mapping findings: low voltage, late potentials, fragmentation and progressive conduction delay during extrastimuli
- Fibrosis (e.g. percentage of fibrotic cells and extracellular matrix) in biopsy specimens

Secondary study endpoints:

- Heart failure
- Cardiac mortality
- All-cause mortality.
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- Disease progression (as assessed by 123-I MIBG/MIBI-scans and MRI-scans).

# **Study description**

## **Background summary**

Sudden cardiac death, mainly caused by ventricular arrhythmias (VA), is a major cause of morbidity and mortality in non-ischemic cardiomyopathy (NICM). Therapies that effectively prevent VA are lacking. Improved understanding of the substrate and mechanisms of VA in NICM may allow more effective, individualized and substrate-based therapies to be developed. In addition, risk stratification in NICM needs to be improved so that therapies can be allocated more efficiently.

## Study objective

1) To improve our understanding of the underlying pro-arrhythmic substrate and electrophysiologic mechanisms of VA in NICM, and to develop individualized treatment for VA based on the identified substrate. 2) To improve risk stratification for VA and sudden cardiac death in NICM based on substrate characteristics. 3) To evaluate disease progression in non-ischemic cardiomyopathy.

## Study design

A prospective cohort study. All patients will be evaluated according to current standards for patients with NICM. Evaluation will include 24h-Holter, echocardiography, coronary angiogram and contrast-enhanced MRI (CE-MRI). Additionally, blood samples (arterial, cardiac venous and peripheral venous) for collagen turnover markers will be taken from all patients. 123-iodine metaiodobenzylguadinine (123-I MIBG) and methoxyisobutylisonitrile (MIBI) imaging, electrophysiologic study and endomyocardial biopsy will be performed in group A and B. Intra-operative biopsy will be performed in group B and C. An overview of all procedures and clinical indications is provided in appendix A.

## Study burden and risks

The majority of patients in group A will not be exposed to additional risks. Only a minority of patients in group A and B will be exposed to minor additional risks associated with femoral artery access for blood sampling, electrophysiologic study and endomyocardial biopsy. All patients in group A and B will be exposed to radiation during 123-I MIBG/MIBI imaging. All patients in group B will be exposed to additional risks of intra-operative mapping, ablation and biopsy. Patients in group C will all be exposed to additional

risks of CE-MRI and intra-operative biopsy. Details on risks are provided in appendix B and an overview of risks is provided in appendix C. Nevertheless, risks involved in this study are outweighed by substantial benefit that this study may provide for these, and future patients, which is outlined below.

## **Contacts**

#### **Public**

Leids Universitair Medisch Centrum

Postbus 9600 2300 RC Leiden NL

**Scientific** 

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

A) NICM patients with

- documented VA or
- suspected VA (e.g. because of out-of-hospital cardiac arrest, palpitations or syncope) or
- high risk for VA (LVEF \* 35% and NYHA functional class II or III\*) or
- intermediate risk for VA (LVEF \* 50%\* and late enhancement on CE-MRI) who are not admitted for cardiac surgery;B) NICM patients with
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- documented VA or
- suspected VA (e.g. because of out-of-hospital cardiac arrest, palpitations or syncope) or
- high risk for VA (LVEF \* 35% and NYHA functional class II or III\*) who are admitted for cardiac surgery (e.g., mitral valve annuloplasty or CorCap)
- C) Non-NICM patients (controls) who are admitted for
- Coronary artery bypass graft surgery and who do not have prior myocardial infarction.
- Aortic valve replacement.

## **Exclusion criteria**

Exclusion criteria are as follows:;- Age < 18 years or > 80 years

- Inadequate patient competence
- Pregnancy
- Inability to comply with the protocol due to haemodynamic instability
- Non-NICM (e.g., prior myocardial infarction, infiltrative cardiac disease such as sarciodosis, amyloidosis or Chagas cardiomyopathy, arrhythmogenic right ventricular cardiomyopathy/dysplasia, hypertrophic cardiomyopathy, non-compaction cardiomyopathy and congenital heart disease);Exclusion criteria for CE-MRI:
- According to the safety guidelines for MR-imaging. These can be found on Albinusnet: MRI / Veiligheidsrichtlijnen voor MR-imaging, http://albinusnet.lumc.nl/home/reg/pro/1010/60711030322284).;Exclusion criteria for blood

sampling:
- Haemoglobin < 6.0 mmol/L

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

## Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 01-12-2011

Enrollment: 220

Type: Actual

# **Ethics review**

Approved WMO

Date: 19-10-2011

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 21-08-2012

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 28325 Source: NTR

Title:

## In other registers

Register ID

CCMO NL37472.058.11 OMON NL-OMON28325