# psychological consequences of preeclampsia

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1. the primary objective of this study is to examen the incidence and prevalence of PTSDand depression in pre-eclampsia patients after delivery2. a secondary objective is to identify risk factors during pregnancy, durante partu and postpartum...

Ethical reviewNot approvedStatusWill not startHealth condition typeOther condition

**Study type** Observational non invasive

### **Summary**

### ID

NL-OMON38136

#### Source

**ToetsingOnline** 

#### **Brief title**

psychological consequences of pre-eclampsia

### Condition

- Other condition
- Psychiatric and behavioural symptoms NEC
- Lifestyle issues

#### **Synonym**

preeclampsia, toxicose

#### **Health condition**

PTSD, depressie, angst stoornissen en lichamelijke klachten als gevolg hiervan.

### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

**Keyword:** consequences, pre-eclampsia, psychological

#### **Outcome measures**

### **Primary outcome**

PTSD incidence and prevalence

depression incidence and prevalence

### **Secondary outcome**

quality of life as experienced

functional disability

physical complaints

outcome/health of the child

anxiety

acute stress

## **Study description**

### **Background summary**

Early-onset pre-eclampsia is a serious complication of pregnancy before 34 weeks of gestational age. It is defined as hypertension (not existing before) and proteinuria in the second half of the pregnancy. Late-onset pre-eclampsia

differs from early-onset pre-eclampsia by the onset, which is after 37 weeks of gestational age. The perinatal and maternal mortality and morbidity rates are considerably lower in late-onset pre-eclampsia. The pathophysiological changes in patients with pre-eclampsia such as vascular dysfunction, activation of the coagulation cascade and increased capillary permeability can be explained by a generalized inflammatory response resulting in endothelial dysfunction. Pre-eclampsia is a major cause of both perinatal and maternal morbidity and mortality.

While somatic disorders will disappear in approximately 3 months after delivery, the impact of psychological effects is much greater both for the mother and the father. The great amount of stress of the (acute) delivery, the disease itself and the worry about the premature born child can lead to psychological disorders like PTSD, depression, anxiety disorders and chronic physical complaints . Women with a history of pre-eclampsia have an increased risk for developing psychological problems such as PTSD shortly and in the late period after delivery.

### **Study objective**

- 1. the primary objective of this study is to examen the incidence and prevalence of PTSDand depression in pre-eclampsia patients after delivery
- 2. a secondary objective is to identify risk factors during pregnancy, durante partu and postpartum predicting PTSD and depression in women who have a history of pre-eclampsia

The objective of this study is to determine the incidence of PTSD and PPD in preeclampsia patients in the first year postpartum, while taking into account addition risk factors related to PTSD or PPD in order to develop a prognostic model. This model is expected to be useful in clinical practice for the prediction of the development of PTSD or PPD at an early stage enabling the development of primary prevention.

#### Secondary objective

If these women with pre-eclampsia have an increased risk of developing psychiatric disorders this justifies primary/secundary prevention of PTSD, depression, anxiety disorders and physical complaints. Furthermore if these women have an increased risk for psychological problems than early signs of these problems could be evaluated early after delivery and treated if necessary.

This could be organised in a long term follow-up of women with pre-eclampsia in an multidisciplinairy outdoor patient department where patients are screened for risk factors for psychological disorders and treated if necessary. This could be performed in co-operation with several disciplines like internal

medicine, cardiology and psychology.

### Study design

This proposed study is set up as an observational prospective cohort study and will be carried out in the Wilhelmina Children Hospital as part of the University Medical Centre in Utrecht. The duration of the study will be approximately 3-4 years.

### Study burden and risks

The burden for the women is minimal and is restricted to 5 moments of 1 hour each for this study.

risk and burden is one step above "no risk ". so minimal exeding no risk is what we counted for this study. it's a non invasive study, but asking questions by interview and filling out questionnaires may exaggerate emotions and feelings can worry the women.

If this is the case the researchers and the social workers always are standby.

### **Contacts**

### **Public**

Universitair Medisch Centrum Utrecht

Lundlaan 6 Utrecht 3508 AE NL

#### Scientific

Universitair Medisch Centrum Utrecht

Lundlaan 6 Utrecht 3508 AE NL

### **Trial sites**

### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

being 18 year's or older be able to speak and understand well the Dutch language diagnostic criterium preeclampsia or HELLP

### **Exclusion criteria**

none

# Study design

### **Design**

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled
Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Will not start

Enrollment: 215

Type: Anticipated

### **Ethics review**

Not approved

Date: 21-11-2012

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

CCMO NL31029.041.12