

# The development of a thirst provocation test using the AVP receptor antagonist Tolvaptan for quantification of thirst sensation in various patient groups (obese patients with and without a history of bariatric surgery, patients with congestive heart failure and patients with cranial diabetes insipidus as compared to healthy controls) and genotyping of the AVP receptor 2.

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<b>Ethical review</b>	Not approved
<b>Status</b>	Will not start
<b>Health condition type</b>	Heart failures
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON38159

### Source

ToetsingOnline

### Brief title

Tolvaptan Thirst Research Project (TTReP)

## Condition

- Heart failures
- Hypothalamus and pituitary gland disorders
- Gastrointestinal therapeutic procedures

### Synonym

abnormal thirst, pathological thirst sensation

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Reinier de Graaf Groep

**Source(s) of monetary or material Support:** nog aan te vragen fondsen / subsidies

## Intervention

**Keyword:** Bariatric surgery, Diabetes Insipidus, Heart failure, Thirst

## Outcome measures

### Primary outcome

The main objective of this study is to determine the effects of BS, heart failure and diabetes insipidus on thirst sensation as measured on a visual analogue scale (VAS).

### Secondary outcome

The secondary objectives of this study are to determine the relation between AVP2R genotype and thirst sensation.

## Study description

### Background summary

In the clinic, several patient groups seem to have altered thirst sensation, due to which they encounter problems in maintaining either a sufficient fluid intake or, contrarily, an adequate fluid restriction. Obesity and bariatric

surgery (BS) are both associated with kidney stone formation. Therefore, sufficient fluid intake is important in obese patients who underwent BS. However, our impression from the clinic is that fluid intake in BS patients is often insufficient. In contrast, patients with heart failure seem to have an increased thirst sensation, which causes noncompliance to fluid restriction. Finally, our impression from the clinic is that patients with cranial diabetes insipidus experience increased thirst despite normal serum osmolality.

## **Study objective**

We aim to investigate thirst in the above mentioned patient groups, applying a Visual Analogue Scale (VAS) and, where ethically acceptable, a new thirst provocation test which we will develop in a group of healthy probands. Using these tools, we aim to investigate whether thirst sensation is pathological, or rather an adequate response to the clinical condition of these patients.

## **Study design**

The thirst provocation test we aim to develop, involves the use of Tolvaptan (a novel, arginine vasopressin receptor (AVPR) antagonist). Blocking the antidiuretic effect of AVP by Tolvaptan causes hyperosmolality and stimulation of AVP secretion, which causes thirst in healthy individuals. First, healthy probands meeting the inclusion criteria are invited to participate. The study will last until the calculated number of patients is included. The thirst provocation test will first be validated in 24 healthy probands. When the thirst provocation test is validated, we will include the three patient groups mentioned in the introduction, being obese patients, patients with heart failure and patients with cranial diabetes insipidus. The number of patients needed to obtain adequate statistical power will be calculated based on the results found in healthy probands. Of all patients and healthy participants, DNA will be isolated from blood and AVPR2 (encoding the AVP receptor 2) SNP analysis will be performed using Taqman® assay. The relation between VAS scores and AVPR2 genotype will be investigated using SPSS® 17.0 or Statgraphics® XVI.

## **Intervention**

None

## **Study burden and risks**

Burden: 5,5 hours at the hospital, 5 venapunctures of 10 ml each.

Risks: possible adverse effects of Tolvaptan, hematoma of venapuncture.

Benefit: our research might provide an explanation for our patients\* difficulties maintaining either a sufficient fluid intake or, contrarily, an adequate fluid restriction. Furthermore, our results might lead to therapeutic

options in the future.

## Contacts

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

1. Informed consent signed by all healthy probands and patients
2. Male and female probands and patients, age 18 - 65 years
3. For obese patients with a history of Bariatric Surgery: Pre-BS BMI >27 Kg/m<sup>2</sup>
4. For obese patients without a history of BS: BMI >27 Kg/m<sup>2</sup>
5. For obese patients with a history of BS: operation at least 2 years ago, stable weight for at least a year

## Exclusion criteria

1. Unwillingness to cooperate with the study procedures
2. History of an active malignancy
3. No written informed consent
4. Pregnancy
5. Breastfeeding
6. Urinary tract obstruction like benign prostate hyperplasia, or patients otherwise unable to void
7. (A history of) electrolyte disturbances or renal failure
8. Diabetes mellitus (as this can cause pseudohyponatraemia)
9. Lactose- or galactose intolerance
10. Clinical signs of dehydration
11. Failure to meet the inclusion criteria

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Placebo
Primary purpose:	Diagnostic

### Recruitment

NL	
Recruitment status:	Will not start
Enrollment:	60
Type:	Anticipated

## Ethics review

Not approved	
Date:	14-06-2012

Application type: First submission  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL36808.098.12