# A PHASE 3, MULTI-SITE, RANDOMIZED, DOUBLE-BLIND, PLACEBO-CONTROLLED, PARALLEL-GROUP STUDY OF THE EFFICACY AND SAFETY OF 2 ORAL DOSES OF CP-690,550 AND 1 SUBCUTANEOUS DOSE OF ETANERCEPT IN SUBJECTS WITH MODERATE TO SEVERE CHRONIC PLAQUE PSORIASIS

Published: 09-11-2010 Last updated: 04-05-2024

The primary objectives of the study are 1) to compare the efficacy of CP-690,550 (5 mg BID and 10 mg BID) versus etanercept (50 mg BIW) for the reduction in severity of plaque psoriasis after 12 weeks of treatment, and 2) to evaluate the safety and...

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Epidermal and dermal conditions

**Study type** Interventional

# Summary

#### ID

NL-OMON38163

#### Source

ToetsingOnline

#### **Brief title**

9002/0045: Psoriasis OPT trails: A3921080

#### **Condition**

Epidermal and dermal conditions

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#### **Synonym**

Psoriasis, Skin disease with red lesions

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor: Pfizer** 

Source(s) of monetary or material Support: Pfizer

#### Intervention

**Keyword:** 550, CP-690, Etanercept, Phase 3, Psoriasis

#### **Outcome measures**

#### **Primary outcome**

Physician\*s Global Assessment (PGA) response ie, the proportion of subjects achieving a PGA of \*clear\* or \*almost clear\*, at Week 12;

Psoriasis Area and Severity Index 75 (PASI75) response ie, the proportion of subjects achieving at least a 75% reduction in Psoriasis Area and Severity Index relative to baseline, at Week 12.

#### **Secondary outcome**

12:

PGA response at Week 2, 4, and 8;

Proportion of subjects in each PGA category at various timepoints through Week

PASI75 response at Week 2, 4, and 8;

Actual and change from baseline in PASI and PASI component scores at various timepoints through Week 12;

Proportion of subjects achieving at least a 50% and 90% reduction in PASI relative to baseline (PASI50 and PASI90, respectively) at various timepoints

through Week 12;

Time to PASI50 and PASI75 responses;

Proportion of subjects with a PASI score >=125% of the baseline PASI score at

various timepoints through Week 12;

Actual and change from baseline in the Itch Severity Item (ISI) score at

various timepoints through Week 12;

Actual and change from baseline on the Dermatology Life Quality Index (DLQI)

score at various timepoints through Week 12.

Other patient reported outcome (PRO) measures to be assessed at various

timepoints through Week 12, including:

Short Form-36 (Version 2, Acute) (SF-36);

Patient Global Assessment of Psoriasis (PtGA);

Patient Satisfaction with Study Medication (PSSM);

EuroQol 5 Dimensions (EQ-5D);

Psoriasis Health Care Resource Utilization Questionnaire (Ps-HCRU);

Psoriasis Quality of Life-12 (PQOL-12).

# **Study description**

#### **Background summary**

CP-690,550 is being developed for oral treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy. CP-690,550 is a potent inhibitor of the Janus Kinase (JAK) family of kinases. While CP-690,550 shows nanomolar inhibitory potency against all JAK family kinases in enzyme studies, it shows functional specificity for JAK1 and JAK1/3 over JAK2 in cell assays. The broad effects of JAK1/3 inhibition on multiple cytokine pathways provides the rationale for developing CP-690,550 as treatment for psoriasis, a disease in which lymphocyte

activation/proliferation plays a pathogenic role. Efficacy of oral dosing with CP-690,550 in psoriasis patients has been demonstrated in 2 studies, a 14-day and a 12-week treatment study, providing clinical support for JAK inhibition as a novel approach to treat plaque psoriasis. This study is a 12-week active comparator study, designed to evaluate the efficacy of CP-690,550 as compared to etanercept and the safety of CP-690,550 for treatment of moderate to severe chronic plaque psoriasis.

#### Study objective

The primary objectives of the study are 1) to compare the efficacy of CP-690,550 (5 mg BID and 10 mg BID) versus etanercept (50 mg BIW) for the reduction in severity of plaque psoriasis after 12 weeks of treatment, and 2) to evaluate the safety and tolerability of CP-690,550 (5 mg BID and 10 mg BID) in subjects with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy.

#### Study design

Phase 3, multi-site, randomized, double-blind, double-dummy, placebo-controlled, parallel-group, 12-week study of the efficacy and safety of two oral doses of CP-690,550 (5 mg BID and 10 mg BID) and one subcutaneous dose of etanercept (50 mg BIW) in subjects with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy.

#### Intervention

Subjects will be randomized in a 3:3:3:1 ratio to one of four parallel treatment groups.

Group A: CP 690,550 5 mg BID oral + Placebo BIW subcutaneous injection Group B: CP 690,550 10 mg BID oral + Placebo BIW subcutaneous injection

Group C: placebo BID oral + Etanercept 50 mg BIW subcutaneous injection

Group D: placebo BID oral + Placebo BIW subcutaneous injection

### Study burden and risks

During a 12 week study period subjects undergo complete and targeted physical examinations, Tb testing, ECG, Chest radiographs, blood and urine collection. Patient reported outcomes are collected using questionnaires.

## **Contacts**

#### **Public**

Pfizer

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East 42nd Street 235 New York NY 10017 US

#### Scientific

Pfizer

East 42nd Street 235 New York NY 10017 US

# **Trial sites**

#### **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- 1. Evidence of a personally signed and dated informed consent document indicating that the subject (or a legally acceptable representative) has been informed of all pertinent aspects of the trial.
- 2. Willing and able to comply with scheduled visits, treatment plan, laboratory tests, and other study procedures.
- 3. Be at least 18 years of age at time of informed consent.
- 4. Have had a diagnosis of plaque-type psoriasis (psoriasis vulgaris) for at least 12 months prior to first dose of study drug.
- 5. Have a PASI score of 12 or greater AND a PGA score of 3 (\*moderate\*) or 4 (\*severe\*) at Baseline/Day 1 (prior to first dose of study drug).
- 6. Have plaque-type psoriasis covering at least 10% of total body surface area (BSA) at Baseline/Day 1.
- 7. Considered by dermatologist investigator to be a candidate for systemic therapy or phototherapy of psoriasis (either naïve or history of previous treatment).
- 8. Considered by dermatologist investigator to have failed to respond to, or who have a contraindication to, or are intolerant to at least one conventional systemic therapy for the treatment of plaque psoriasis (including cyclosporine, methotrexate, or psoralen plus ultraviolet A light [PUVA]).
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- 9. Sexually active women of childbearing potential are required to use adequate contraceptive methods during participation in this study. 10. No evidence of active or latent or inadequately treated infection with Mycobacterium tuberculosis (TB).
- 10. Are candidates for etanercept according to the approved local product labeling

#### **Exclusion criteria**

- 1. Currently have non-plaque forms of psoriasis, eg, erythrodermic, guttate, or pustular psoriasis, with the exception of nail psoriasis which is allowed.
- 2. Have evidence of skin conditions (eg, eczema) at the time of the screening or baseline visit that would interfere with evaluation of psoriasis.
- 3. Have current drug-induced psoriasis, eg, a new onset of psoriasis or an exacerbation of psoriasis from beta blockers, calcium channel blockers, antimalarial drugs or lithium.
- 4. If planned initiation of, or changes to, concomitant medication that could affect psoriasis are to occur within 2 weeks prior to randomization and/or during the study.
- 5. Cannot discontinue systemic therapies and/or topical therapies for the treatment of psoriasis and cannot discontinue phototherapy (UVB or PUVA).
- 6. Are taking or require oral or injectable (eg, intraarticular, intramuscular, or intravenous) corticosteroids for any condition.
- 7. Women who are pregnant or lactating, or planning pregnancy while enrolled in the study.
- 8. Have previously been treated with efalizumab (Raptiva).
- 9. Have previously been treated with etanercept (Enbrel) for any reason.

# Study design

## **Design**

Study phase: 3

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

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Start date (anticipated): 15-03-2012

Enrollment: 56

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: Enbrel

Generic name: Etanercept

Registration: Yes - NL intended use

Product type: Medicine

Brand name: Not applicable

Generic name: CP-690,550

Registration: Yes - NL intended use

# **Ethics review**

Approved WMO

Date: 09-11-2010

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 06-07-2011

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 15-09-2011

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 12-10-2011

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

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Approved WMO

Date: 16-01-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 22-03-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 04-04-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 09-05-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 14-05-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 11-07-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 17-09-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 24-09-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 19-11-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 26-11-2012

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 08-03-2013

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

Approved WMO

Date: 28-03-2013

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register

EudraCT ClinicalTrials.gov CCMO ID

EUCTR2010-020004-30-NL NCT01241591 NL34169.078.10