# Structural brain changes in bipolar disorder

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Manic and bipolar mood disorders and disturbances
Study type	Observational invasive

## Summary

#### ID

NL-OMON38291

**Source** ToetsingOnline

**Brief title** Structural brain changes in bipolar disorder

## Condition

• Manic and bipolar mood disorders and disturbances

#### Synonym

bipolar disorder, manic depressive disorder

#### **Research involving** Human

### **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht **Source(s) of monetary or material Support:** Dit onderzoek wordt gesubsidieerd door de National Institute of Mental Health.

## Intervention

Keyword: bipolar disorder, imaging genetics, structural MRI

### **Outcome measures**

#### **Primary outcome**

The main studyparameter is structural abnormalities in the brain of bipolar

patients, compared to unrelated healthy controls.

These structural differences will be measured by;

- Brain volume (sMRI) and density (voxelbased morphometry)
- Fractional anisotropy and magnetisation transfer ratio

#### Secondary outcome

The secondary parameter is data that associates the structural data with

genetic data.

Furthermore, we will also study baseline values or parameters which might

intervene with the main study parameter, like age, gender, years of education,

symptoms, level of functioning, medication intake and life events. We are

mainly interested in the effect op medication on the bipolar brain.

# **Study description**

#### **Background summary**

Bipolar disorder is a complex psychiatric trait with unknown etiology. In addition to genome wide association studies, it is important to investigate other possible phenotypes of bipolar disorder. Endophenotypes are measurable intermediate phenotypes that are generally closer to the action of the gene and therefore easier to notice. Structural brain abnormalities are associated with bipolar disorder and can provide such an intermediate phenotype of bipolar disorder.

#### **Study objective**

The main goal of this study is to recruit and obtain magnetic resonance images in a large sample of bipolar patients and controls from the Netherlands, in order to find brain abnormalities specific for bipolar disorder. We will also perform genetic imaging to identify the genes that regulate brain architecture and investigate how brain abnormalities are associated with the genetic susceptibility to bipolar disorder. Furthermore we would also like to investigate the effects of medication on the brains of patients. This might shed a light on the effects of lithium and other drugs on the bipolar brain.

#### Study design

In this case control study we compare measures of brain structure obtained with Magnetic Resonance Imaging in 300 bipolar patients with 300 healthy controls and investigate association to genome wide genotype information obtained in a large genome wide association study.

Four years are needed to complete recruitment, scanning and sample collection of all the subjects. Statistical analyses are initiated in the fourth year and continue in year five.

#### Study burden and risks

The risks associated with participation and the benefits to the individual are felt to be minimal. MRI is a non-invasive technique, with no known risks for the participants. Participation will take 1.5 hours. Besides financial remuneration, no immediate benefits are to be expected from participation in this study for the subjects themselves. However, for society, increased understanding of the underlying causes of BD and the genetics and brain processes involved in BD may contribute to diagnosis, early detection and/or prediction of treatment outcome.

As the project involves minimal risk to participants, and as the potential benefits in terms of knowledge gained are quite large, the benefits clearly outweigh the risks.

# Contacts

#### Public

Universitair Medisch Centrum Utrecht

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# **Trial sites**

## Listed location countries

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

Patients with bipolar disorder

- A diagnosis of BD-I according to the DSM IV, with at least one clinical intervention for mania (DSM-IV criteria)

- No history of Cognitive Disorder (DSM-IV criteria)
- Age >= 18 years
- Dutch ancestry (at least three of the four grandparents from the Netherlands);Healthy controls
- Age >= 18 years
- Dutch ancestry (at least three of the four grandparents from the Netherlands)
- No history of bipolar disorder, schizophrenia or other psychotic disorder (DSM-IV criteria)

- No first degree relative with a history of bipolar disorder, schizophrenia or other psychotic disorders (DSM-IV criteria), on the basis of a FIGS interview

## **Exclusion criteria**

- Premorbid IQ < 80
- Did not give written informed consent
- Ferrous objects in or around the body
- Drug or alcohol abuse over a period of six months prior to the experiment (DSM-IV criteria)
- History of closed-head injury
- History of neurological illness or endocrinological dysfunction

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- Claustrophobia
- Severe medical illness
- Current treatment or detention under the Dutch governmental mental health act.
- Participants that cannot read, speak or understand Dutch.

# Study design

## Design

Observational invasive
Other
Non-randomized controlled trial
Open (masking not used)
Active
Basic science

## Recruitment

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NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	16-06-2011
Enrollment:	600
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	07-06-2011
Application type:	First submission
Review commission:	METC NedMec
Approved WMO	
Date:	01-10-2012
Application type:	Amendment
Review commission:	METC NedMec

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** CCMO **ID** NL34555.041.10