# **Continuation of the Doetinchem Cohort Study**

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The general objective of the Doetinchem Cohort Study is to contribute to the answering of public health questions, now and in the future, by providing basic data on developments in lifestyle and health problems in the general Dutch population.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Cardiac disorders, signs and symptoms NEC
Study type	Observational invasive

# Summary

#### ID

NL-OMON38394

**Source** ToetsingOnline

Brief title Doetinchem Cohort Study

### Condition

- Cardiac disorders, signs and symptoms NEC
- Glucose metabolism disorders (incl diabetes mellitus)
- Respiratory disorders NEC

# Synonym common diseases

**Research involving** Human

### **Sponsors and support**

Primary sponsor: RIVM Source(s) of monetary or material Support: Ministerie van VWS

### Intervention

Keyword: diseases, epidemiology, healthy ageing, lifestyle

#### **Outcome measures**

#### **Primary outcome**

Health of an ageing population including e.g.: (risk factors of) diabetes,

cardiovascular diseases, asthma and COPD, osteoporosis, physical and cognitive

functioning, incontinence, perceived health and loneliness

#### Secondary outcome

Not applicable

# **Study description**

#### **Background summary**

Health at old age is the result of the lifelong exposure to and interplay of genetics, lifestyle factors, biological risk factors and environmental factors. In order to study determinants of healthy ageing, cohort studies are needed with the following characteristics: 1. large and representative, 2. inclusion from a relative young age, 3. long term follow-up measurements, 4. measurements on all relevant parameters: life style (e.g. diet, physical activity), risk factors (e.g. obesity, blood pressure, cholesterol), several common diseases and quality of life.

#### **Study objective**

The general objective of the Doetinchem Cohort Study is to contribute to the answering of public health questions, now and in the future, by providing basic data on developments in lifestyle and health problems in the general Dutch population.

#### Study design

The Doetinchem Cohort Study presents already 25 years of data collection among a population cohort of originally 20-59 years of age, and is becoming a unique source for scientists to study the determinants of old age. The study started in 1987-1991 and every 5 years participants were measured, with the current fifth round of measurements ending this year (2012) with full measurement of ca 4500 participants. A sixth round will be carried out in 2013-2017.

#### Study burden and risks

Earlier participants will be invited for participation in the 5th round. Participation includes: sending back a response card, having telephone contact for making an appointment at the local health service in Doetinchem, filling in questionnaires and a physical examination of 1.5 hours including: measurement of length, weight, waist and hip circumference, lung function, blood pressure of arm and ankle, calcaneal quantitative ultrasound measurement, physical functioning (muscle strenght, balans, chairtest), collection of blood (for glucose and cholesterol and future research) and a cognitive function test. Under restriction of additional funding also the following measurements will be added to the protocol: AGES (skin autofluorescence), hearing tests (frequency and/or background noise), accelerometer (objective measurement of physical activity)

# Contacts

Public RIVM

A. van Leeuwenhoeklaan 9 Bilthoven 3720 MA NL **Scientific** RIVM

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# **Trial sites**

# Listed location countries

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Being a participant of an earlier round of the Doetinchem Cohort Study. 20 years ago it was a random sample of the population in Doetinchem.

## **Exclusion criteria**

Not wanting to participate anymore as said during an earlier round.

# Study design

## Design

Study type: Observational invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Basic science	

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	21-01-2008
Enrollment:	4500
Туре:	Actual

# **Ethics review**

Approved WMO Date:

18-12-2007

Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)
Approved WMO Date:	03-03-2009
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)
Approved WMO Date:	03-10-2012
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register CCMO **ID** NL19158.041.07