

# Sodium Bicarbonate versus Saline for the prevention of Contrast Induced Nephropathy in patients undergoing CT-angiography.

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- Evaluation of the incidence of CIN after CT-angiography with a hydration regime during 1 hour with sodium bicarbonate compared to a hydration regime with saline during 24 hours.
- Furthermore the risk for developing CIN after CT-angiography is...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Coagulopathies and bleeding diatheses (excl thrombocytopenic)
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON38407

### Source

ToetsingOnline

### Brief title

The Saliña study

### Condition

- Coagulopathies and bleeding diatheses (excl thrombocytopenic)
- Nephropathies

### Synonym

acute renal failure following contrast injection, Contrastnephropathy

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W, Aanvraag subsidie moet nog geschieden. Zal bij de nierstichting gedaan worden.

## Intervention

**Keyword:** Contrast Induced Nephropathy, CT-angiography, Hydration, Prevention

## Outcome measures

### Primary outcome

- CIN defined as an increase in serum creatinine  $> 25\%$  or  $> 44 \mu\text{mol/l}$  after 3-5 days.

- CIN defined as an increase in serum creatinine  $> 25\%$  or  $> 44 \mu\text{mol/l}$  after 2 months or an indication for dialysis.

### Secondary outcome

- loss of renal function, calculated as an absolute decrease in eGFR.

## Study description

### Background summary

Contrast induced nephropathy (CIN) can occur after injecting radiographic low osmolair contrast media, which is used for CT-angiography. Patients with renal impairment, as specially in combination with diabetes mellitus are at risk for developing CIN. In most of the patients renal function recovers in two months after the diagnosis of CIN.

A consensus of the CBO (Dutch Central Guidance Institute) advises to give patients at risk for CIN a pre- and posthydration treatment each during 12 hours with 0.9% saline 1 ml/hour/kg bodyweight. This results in two days hospitalisation for a large group of patients.

An alternative hydration regime is a short regime with sodium bicarbonate 1.4% 3 ml/hour/kg bodyweight, 1 hour prior and 6 hours after CT-angiography. This hydration regime is studied in patient groups undergoing coronary angiography.

There is no consensus of the exact implementation of hydration regimes with sodium bicarbonate.

## **Study objective**

- Evaluation of the incidence of CIN after CT-angiography with a hydration regime during 1 hour with sodium bicarbonate compared to a hydration regime with saline during 24 hours.
- Furthermore the risk for developing CIN after CT-angiography is studied for both hydration regimes.

## **Study design**

This is a prospective multi-center cohort study.

## **Intervention**

- Group 1: Prehydration with sodium bicarbonate 1.4% 3 ml/kg bodyweight 1 hour prior to CT-angiography.
- Group 2: Pre- and posthydration with saline 0.9% 1 ml/hour/kg bodyweight both during 12 hours.

## **Study burden and risks**

The amount of stress on the patient for this study is very limited. Renal function is routinely measured prior to CT-angiography. In this study patients will receive one extra venipuncture prior to CT-angiography and are asked for one urine sample after CT-angiography.

The CBO advises to check renal function 3 to 5 days after CT-angiography of all patients at risk for CIN. In this study we will ask for one extra venipuncture and urine sample after 3 to 5 days and one extra venipuncture after 8 days.

If renal function is decreased after 3 to 5 days according to the definition of CIN, patients are asked to come back after 2 months for some extra bloodwork to determine whether their kidney function is restored or not. This is not clinical practice.

Participation in this study results in 1 extra hospital visit if CIN is diagnosed after 3 to 5 days. After 8 days one extra venipuncture is asked. Patients will probably have advantage of this accurate monitoring of kidney function.

## Contacts

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

eGFR < 45 ml/min

eGFR < 60 ml/min and diabetes mellitus

### Exclusion criteria

- age < 18 years;
- exposure to radiographic contrast media within 7 days;
- pregnancy;
- allergy for low osmolar contrast media.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Basic science

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	13-01-2010
Enrollment:	547
Type:	Actual

## Ethics review

Approved WMO	
Date:	21-09-2009
Application type:	First submission
Review commission:	METC Leids Universitair Medisch Centrum (Leiden)
Approved WMO	
Date:	15-02-2012
Application type:	Amendment
Review commission:	METC Leids Universitair Medisch Centrum (Leiden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 21374

Source: Nationaal Trial Register

Title:

## In other registers

Register	ID
CCMO	NL27494.058.09
OMON	NL-OMON21374