# A Phase II, single arm, open label study of treatment-free remission in chronic myeloid leukemia (CML) chronic phase (CP) patients after achieving sustained MR4.5 on Nilotinib

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Ethical reviewApproved WMOStatusWill not startHealth condition typeLeukaemiasStudy typeInterventional

# Summary

#### ID

NL-OMON38513

#### Source

**ToetsingOnline** 

#### **Brief title**

nilotinib suspension study after combined nilotinib/imatinib treatment

#### **Condition**

Leukaemias

#### **Synonym**

cancer of the blood, CML

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Novartis

Source(s) of monetary or material Support: Novartis pharma B.V.

#### Intervention

Keyword: CML, MMR, MRD, nilotinib

#### **Outcome measures**

#### **Primary outcome**

To determine the percentage of patients who are in MMR

(BCR-ABL \* 0.1% IS (MR3)) at 48 weeks after starting the Treatment-Free

Remission (TFR) phase (patients who required re-initiation of treatment will be

considered as non-responders)

#### **Secondary outcome**

To evaluate the proportion of patients in TFR within 24, 36, and 48 monhs after nilotinib cessation.

To estimate progression free survival after nilotinib cessation

To estimate treatment free survival.

# **Study description**

#### **Background summary**

Stop imatinib study (STIM) (Mahon et al 2010) investigated feasibility of imatinib

suspension in a highly selected group of patients who achieved and maintained complete molecular response (CMR) defined as undetectable BCR-ABL levels with high sample sensitivity (10-5 or greater) for a minimum of 2 years. With a median

follow up of 34 months (Mahon et al 2011), 39% of patients have successfully remained in treatment-free remission. This provided the first evidence that achieving and maintaining deep molecular responses can lead to successful

therapy suspension. In terms of regaining molecular response, 61 patients had a molecular recurrence and 56 regained undetectable BCR-ABL transcript level after

median of 4 months on imatinib (range 0-21 months). Five patients did not return to

undetectable transcript level: four remained treatment-free with detectable transcript (range 0.05% to 0.3%) and one patient was switched to dasatinib due to

loss of CCyR (Mahon et al 2011). No loss of hematological response or progression to advanced phase was noted after stopping imatinib.

Based on results of ENESTnd [CAMN107A2303], nilotinib enables a higher proportion of newly diagnosed patients to achieve deep levels (MR4.0 (molecular response 4.0 log reduction from standardized baseline) or MR4.5) of MR vs. imatinib and potentially to be eligible for treatment suspension.

The study intends to generate data on the safety, feasibility and success of TFR

phase in a rigorously controlled manner.

#### Study objective

The main purpose of this study is to determine the rate of treatment-free molecular remission (MMR=MR3.0) after 48 weeks following start of the TFR phase.

The study further seeks to provide evidence that suspending nilotinib therapy in these eligible patients does not cause short- or long-term harm to them.

#### Study design

This is a single-arm, open label study. This study has 2 main phases: nilotinib consolidation phase (48 weeks), and nilotinib treatment-free remission (TFR) phase (week 48 \* week 240).

#### Intervention

Stop nilotinib treatment

#### Study burden and risks

The biggest risk in this study is recurrence of CML, but from previous studies, it is known that with reinitiation of therapy, complete remission can be induced quickly again.

## **Contacts**

#### **Public**

**Novartis** 

Raapopseweg 1 Arnhem 6824 DP NI

#### Scientific

**Novartis** 

Raapopseweg 1 Arnhem 6824 DP NL

# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Male or female patients \*18 years of age

ECOG performance status of 0-2

Patient with diagnosis of BCR-ABL positive CML

Patient has received minimum of 3 years of tyrosine kinase inhibitor treatment (first with imantinib and then switched to nilotinib) since initial diagnosis

Minimum of 2 calendar years of nilotinib treatment before study entry

Patient has achieved MR4.5 (local laboratory assessment) during nilotinib treatment, and determined by a Novartis designated central PCR lab assessment at screening.

Adequate end organ function as defined by:

- \* Direct bilirubin \* 1.5 x ULN
- \* SGOT(AST) and SGPT(ALT) \* 3 x ULN

Serum lipase \* 2 x ULN i.e. equivalent to \* Grade 2 NCI-CTCAE v.4.03

- \* Alkaline phosphatase \* 2.5 x ULN
- \* Serum creatinine < 1.5 x ULN

Patients must have the following electrolyte values above LLN limits or corrected to be within normal limits with supplements prior to

first dose of study medication:

- \* Potassium
- \* Magnesium
- \* Total calcium (corrected for serum albumin)

Patients must have normal marrow function as defined:

- \* Absolute Neutrophil Count (ANC) \* 1.5 x 109/L
- \* Hemoglobin \* 9.0 g/dL
- \* Platelets \* 100 x 109/L

#### **Exclusion criteria**

Prior AP, BC or allo-transplant

Patient has documented MR4.5 at the time when switched from imatinib to nilotinib Patients with known atypical transcript

Mutation(s) (T351I, E255K/V, Y253H, F359C/V) detected if a testing was done in the past (there is no requirement to perform

mutation testing at study entry if it was not done in the past)

Dose reductions due to neutropenia or thrombocytopenia in the past 6 months Patient ever attempted to permanently discontinue imatinib or nilotinib treatment Known impaired cardiac function

History of acute pancreatitis

Known presence of a significant congenital or acquired bleeding disorder unrelated to cancer

History of other active malignancy within 5 years prior to study entry

Treatment with other investigational agents (defined as not used in accordance with the approved indication) within 4 weeks of Day 1

Patients actively receiving therapy with strong CYP3A4 inhibitors and/or inducers, and the treatment cannot be either discontinued or switched to a different medication prior to study entry.

# Study design

## **Design**

Study phase: 2

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Will not start

Enrollment: 3

Type: Anticipated

### Medical products/devices used

Product type: Medicine

Brand name: tasigna

Generic name: nilotinib

Registration: Yes - NL intended use

# **Ethics review**

Approved WMO

Date: 03-05-2013

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 22-07-2013

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 23-08-2013

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 01-11-2013

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 26-11-2013

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

EudraCT EUCTR2012-003186-18-NL

ClinicalTrials.gov NCT01698905 CCMO NL44493.029.13