# Treatment of the elbow's flexion contractures in Neonatal Brachial Plexus Injury (NBPI): serial casting or dynamic orthosis? A comparison of interventions.

Published: 03-06-2013 Last updated: 24-04-2024

The ojective of the study is to answer the quenstion which of the following interventions is most effective in the treatment of children with a severe elbow flexion contracture with Neonatal Brachial Plexus Injury : static serial softcasting or...

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Joint disorders
Study type	Interventional

# Summary

### ID

NL-OMON38634

**Source** ToetsingOnline

**Brief title** Elbow's flexion contractures in NBPI

# Condition

• Joint disorders

**Synonym** Flexion contractures, impossibility to extend the elbow

**Research involving** 

Human

# **Sponsors and support**

Primary sponsor: Leids Universitair Medisch Centrum

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#### Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

Keyword: Brachial Plexus, Contractures, Dynamic Orthosis, Serial Casting

### **Outcome measures**

#### **Primary outcome**

goniometrics in praxis and blinded goniometrics by measuring at a photo

constructed by a blinded therapist.

#### Secondary outcome

Goal Attainment Scaling with functional goals.

# **Study description**

#### **Background summary**

The Elbow's flexion contractures in children with Neonatal Brachial Plexus Injury (NBPI) frequently occur. Treatment additively to stretching is required when there is progression of the contracture, a contracture of > 30 degrees, or recurrence after treatment.

#### **Study objective**

The ojective of the study is to answer the quenstion which of the following interventions is most effective in the treatment of children with a severe elbow flexion contracture with Neonatal Brachial Plexus Injury : static serial softcasting or treatment with the dynamic elbow orthesis?

#### Study design

prospective randomized single blinded study

#### Intervention

This study compares two usually applied inerventions. Intervention 1 concerns circular serial casting lasting 4 to 6 weeks with change of casts weekly. After serial casting a removable dorsal splint is used during the night. Intervention 2 concerns a dynamic orthosis with polypropyleen dorsal scales and an extension

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Utraflex hinge. This orthosis is used during every night for one year.

#### Study burden and risks

None

# Contacts

**Public** Leids Universitair Medisch Centrum

Albinusdreef 2 Leiden 2333ZA NL **Scientific** Leids Universitair Medisch Centrum

Albinusdreef 2 Leiden 2333ZA NL

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

**Age** Adolescents (12-15 years) Adolescents (16-17 years) Children (2-11 years)

# **Inclusion criteria**

- 1. Diagnosis NBPI
- 2. Age 2-18 y
- 3. Additive treatment indication.

# **Exclusion criteria**

1. Insufficient parents' or child's capacity to understand the instructions regarding the use of the orthosis.

2. Insuffitient motivation.

3 A known caput radii dislocation.

# Study design

# Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

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NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-06-2013
Enrollment:	50
Туре:	Actual

### Medical products/devices used

Generic name:	Orthosis and serial casting
Registration:	No

# **Ethics review**

Approved WMODate:03-06-2013Application type:First submission

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Review commission:

metc-ldd@lumc.nl

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register CCMO

ID NL43722.058.13