# A comparison of long-term results of the single stage Fowler-Stephens orchidopexy versus the two-stage Fowler-Stephens orchidopexy.

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Primary: To study the long-term testicular position, volume and vascularisation of patients who have undergone the single stage Fowler-Stephens orchidopexy and the 2-stage Fowler-Stephens orchidopexy. Secondary: 1) To determine which of the...

**Ethical review** Approved WMO **Status** Will not start

**Health condition type** Male genital tract therapeutic procedures

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON38694

#### **Source**

ToetsingOnline

#### **Brief title**

FSO-1 vs. FSO-2

## Condition

Male genital tract therapeutic procedures

#### Synonym

Cryptorchidism, undescended testis

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

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## Source(s) of monetary or material Support: KCHOMP

## Intervention

**Keyword:** follow-up, Fowler-Stephens orchidopexy, long-term results, quality of life

### **Outcome measures**

## **Primary outcome**

Main endpoint: volume of the FSO-testis

## **Secondary outcome**

Secondary endpoints: testicular position and testicular vascularisation.

# **Study description**

## **Background summary**

The Fowler-Stephens orchidopexy is a surgical technique for high intra-abdominal testes in which the testicular artery and vein are ligated to create sufficient length for tension free placement of the testis in the scrotum. To increase collateral circulation prior to mobilization of the testis, a 2-stage Fowler-Stephens orchidopexy was devised in which mobilization of the testis and fixation in the scrotum occurs in a second tempo. Although both techniques are widely applied, superiority of either technique has not been proven. Success rates published to date are mainly retrospective analyses of medical records and lack long-term follow-up of treated patients. Long-term results are needed as patients included in these studies were relatively young and had not yet undergone final growth of the testes. Long-term growth potential of the treated testes is functionally and cosmetically important for patients. It is possible the success of the procedures may only be determined during puberty or in the postpubertal period.

We hypothesize that both procedures are equally effective. Therefore the single stage Fowler-Stephens orchidopexy is the preferred technique as it spares patients a second operation.

## Study objective

Primary: To study the long-term testicular position, volume and vascularisation of patients who have undergone the single stage Fowler-Stephens orchidopexy and the 2-stage Fowler-Stephens orchidopexy.

Secondary: 1) To determine which of the procedures, the single stage

Fowler-Stephens orchidopexy or the 2-stage Fowler-Stephens orchidopexy, is superior in terms of testicular functionality and cosmetics.

- 2) To determine if and when growth of the operated testicle stagnates in the postoperative period.
- 3) To determine if quality of life is affected by the outcome of the operation.

## Study design

A multi-center long-term follow-up study.

## Study burden and risks

We did not identify any risks for participating patients. Patients will have to travel to a nearby Academic hospital as to undergo clinical examination and a color Doppler ultrasound of both testes. Travel expenses will be refunded.

## **Contacts**

#### **Public**

Academisch Medisch Centrum

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#### Scientific

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

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Adolescents (12-15 years) Adolescents (16-17 years)

## Inclusion criteria

In order to be eligible to participate in this study, a subject must meet the following criteria: Primarily the subject must have undergone either the single stage Fowler-Stephens orchidopexy or 2-stage Fowler-Stephens orchidopexy after January 1st 1995 and be aged between 12 \* 17 years at time of inclusion.

## **Exclusion criteria**

We will exclude subjects if any of the following is present in their medical history: prune-belly syndrome, epidydimitis, chromosomal or hormonal abnormalities, hormonal medication or presence of a testicular germ cell tumor.

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Will not start

Enrollment: 128

Type: Anticipated

# **Ethics review**

Approved WMO

Date: 29-10-2013

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL45599.018.13