

# Lung aeration measured by EIT after a lung recruitment manoeuvre directly after intubation in mechanically ventilated critically ill patients

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Respiratory disorders NEC
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON38723

### Source

ToetsingOnline

### Brief title

Lung aeration after LRM

### Condition

- Respiratory disorders NEC

### Synonym

Ventilator associated lunginjury

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** electrical impedance tomography, intubation, lung recruitment manoeuvre, mechanische beademing

## Outcome measures

### Primary outcome

The primary endpoint is regional lung aeration, assessed by EIT.

### Secondary outcome

The secondary endpoint is RV\*function measured by contractile \*, preload \* and afterload\*parameters, assessed by TTE.

## Study description

### Background summary

Mechanical ventilation using a so\*called \*open lung\* approach has the potential to improve oxygenation, and even to reduce ventilator\*associated lung injury, in intensive care unit (ICU)\*patients. An \*open lung approach\* requires recruitment maneuvers (RMs). It is uncertain when to apply RMs: early after tracheal intubation in each patient, or on indication in patients in whom oxygenation worsens. It is also uncertain whether RM compromises cardiac function of ICU\*patients.

Methods

Main study parameters/endpoints

### Study objective

The primary objective of this study is to compare the effect of a standard and

early RM in newly intubated critically ill patients. The secondary objective is to determine the effect of an early RM on cardiac function. We hypothesize an early RM to have a sustained effect on lung aeration while improving cardiac function.

## **Study design**

This study is a single-center randomized controlled trial of critically ill patients who need tracheal intubation for mechanical ventilation.

Study population

## **Intervention**

Consecutive newly intubated critically ill patients are randomized to ventilation using an early RM (i.e., within thirty minutes after intubation) or ventilation not using an early RM (i.e., a RM is performed only when oxygenation is severely compromised). Lung aeration is determined by electric impedance tomography (EIT), cardiac function by trans-thoracic echocardiography (TTE). EIT and TTE are performed directly after tracheal intubation, after 1 and 2 hours, and after 24 hours.

## **Study burden and risks**

Nature and extent of the burden and risks associated with participation, benefit and group relatedness

A RM is a safe procedure in experienced hands. In this study only trained and experienced ICU-physicians perform the RMs. Patients who are randomized to early RM could potentially benefit from this study. EIT and TTE are non-invasive, standard procedures in our ICU, and performed when patients are still sedated.

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

All patients who need intubation for mechanical ventilation in the intensive care department

### Exclusion criteria

- o Age < 18 years
- o Presence of a pacemaker or automatic cardiac defibrillator
- o Presence of any implantable pumps
- o Presence of thoracal drains
- o Skin abnormalities impairing attachment of electrodes

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Primary purpose: Prevention

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 12-12-2013  
Enrollment: 50  
Type: Actual

## Ethics review

Approved WMO  
Date: 20-08-2013  
Application type: First submission  
Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL43859.018.13