

# The influence of controlled dehydration and the antidiuretic hormone on blood coagulation

Published: 10-07-2013

Last updated: 22-04-2024

Primary objectives is: - To evaluate the effects of dehydration (fluid deficit) on coagulation and fibrinolytic parameters  
Secondary objectives are:- To evaluate whether the response of coagulation and fibrinolytic parameters to dehydration is...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON38735

### Source

ToetsingOnline

### Brief title

ADH study- part 2

### Condition

- Other condition
- Endocrine and glandular disorders NEC

### Synonym

dehydration, fluid deficiency

### Health condition

vochthuishouding

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Slotervaartziekenhuis

**Source(s) of monetary or material Support:** SKWOSZ stichting klinisch wetenschappelijk onderzoek slotervaartziekenhuis

## Intervention

**Keyword:** ADH, coagulation, dehydration, fibrinolysis

## Outcome measures

### Primary outcome

Coagulation and fibrinolysis activation markers: F1+2 (fragment 1+2), ETP (endogenous thrombin potential), D-dimer, Plasminogen Activator Inhibitor-1 (PAI-1) activity.

Endothelial cell activation and platelet activation markers: von Willebrand factor activity (vWf:C), clotting factor VIII activity (fVIII:C).

Blood coagulation time: PT.

### Secondary outcome

urine osmolarity, plasma osmolarity, antidiuretic hormone, hematocrit.

## Study description

### Background summary

The therapeutic use of ADH is still under investigation. Desmopressin, a synthetic analogue of the natural pituitary hormone ADH (DDAVP), has been widely used in several European countries as an alternative to the use of blood products in the treatment of von Willebrand disease and mild hemophilia A. It was discovered that this drug, when administered either intranasally or intravenously, results in a rapid two- to threefold increase in all components of the factor VIII system. Due to this fast action, it was always believed that DDAVP does not stimulate the production of coagulation factors, but rather a release of pre-made factors from storage granules in the endothelial cells.

Although the effects of administered DDAVP in von Willebrand disease, mild hemophilia A and even healthy subjects on haemostasis have been the subject of extensive investigation, the physiologic effects of fluid deprivation and subsequent, physiologic, rise of ADH on coagulation and fibrinolysis has not yet been investigated.

## **Study objective**

Primary objectives is:

- To evaluate the effects of dehydration (fluid deficit) on coagulation and fibrinolytic parameters

Secondary objectives are:

- To evaluate whether the response of coagulation and fibrinolytic parameters to dehydration is mediated by the antidiuretic hormone.

## **Study design**

Clinical controlled trial/pilot study

## **Study burden and risks**

healthy volunteers: No fluid intake for a long period of time can lead to symptoms of dehydration such as dry mouth and headache. These symptoms are harmless, especially given the short duration of the test, and will disappear after drinking normally when the test is stopped. If the weight decreases by more than 5%, the test will be stopped immediately. The blood pressure will be closely monitored, both in standing and supine position. Throughout the trial, a research physician and a nurse are present during the water deprivation test.

DI patients: patients with diabetes insipidus, when not drinking sufficiently, have a greater chance of getting symptoms of dehydration such as dry mouth and headache. We ask these patients to continuously drink enough fluids, as much as the body indicates. Nevertheless, when the DI patient experiences severe symptoms of dehydration such as weight loss of more than 2.5-3.0 kg or when they are no longer producing urine, they will be instructed to immediately contact the study doctor or the emergency room at the Slotervaart hospital. To monitor the weight loss, DI patients will be advised to weigh themselves every 4 hours.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- a. Adults \* 18 years old.
- b. Able to provide informed consent.
- c. Diagnosis of central diabetes insipidus (DI). (only for patients)

### Exclusion criteria

- a. Strong suspicion of an infection of any cause (for 6 patients) see definition of infection
- b. Primary polydipsia and diabetes insipidus.
- c. Untreated thyroid and adrenal hormone abnormalities.
- d. Pregnancy or puerperium.
- e. Common etiologies of the syndrome of inappropriate antidiuretic hormone (SIADH); Active malignancy, inflammatory diseases (multiple sclerosis, meningitis, systemic lupus erythematosus), acquired immuno- deficiency syndrome (AIDS), infections (tuberculosis, pneumonia, empyema) (only for those 6 patients without signs of infection), cystic fibrosis, drugs (Selective serotonin reuptake inhibitors, tricyclic antidepressants, carbamazepine,

clofibrate, narcotics, antipsychotic drugs, cytotoxic drugs)

f. Potentiation of AVP antidiuretic effects: desmopressin, vasopressin, oxytocin, prostaglandin synthesis inhibitors

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 28-02-2015

Enrollment: 12

Type: Actual

## Ethics review

Approved WMO

Date: 10-07-2013

Application type: First submission

Review commission: METC Slotervaartziekenhuis en Reade (Amsterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL44957.048.13