# Assessing the course of psychological emotions and endocrine stress response from the start of the ovarian stimulated period up to the first pregnancy test result in a randomized clinical trial comparing two fertility treatments.

Published: 06-08-2013 Last updated: 23-04-2024

To evaluate the course of psychological emotions, from the active treatment period until the first pregnancy test result, in IVF patients participating in a randomized controlled trial comparing two different IVF treatments (ENDO-RECEPT).

**Ethical review** Approved WMO

**Status** Pending

**Health condition type** Sexual function and fertility disorders

**Study type** Observational non invasive

# Summary

## ID

NL-OMON38848

## **Source**

**ToetsingOnline** 

## **Brief title**

**ENDORECEPT - COPE** 

## **Condition**

Sexual function and fertility disorders

## **Synonym**

Psychological distress in ivf treatments

## Research involving

# **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** IVF / ICSI, psychology, stress

### **Outcome measures**

# **Primary outcome**

The differences in course of psychological emotions, e.g. different elevated levels of anxiety or different levels of anxiety at different time points during two different IVF treatments, especially at oocyte retrieval and pregnancy testing.

# **Secondary outcome**

The secondary outcome is stress in relation to pregnancy outcome.

# **Study description**

## **Background summary**

In vitro fertilization (IVF) treatments are psychologically and emotionally stressful. Little research has been carried out to document the psychological processes that unfold during IVF treatments. Most randomized clinical randomized trials are focused on the primary medical outcome. The aim of the present study is to document the course of psychological emotions like anxiety, depression, positive affect and coping from the start of the ovarian stimulated period up to the first pregnancy test result in two different fertility treatments. Daily emotional reactions (e.g., anxiety, depression and positive affect) and coping during active treatment, and the waiting time up to whether pregnancy was achieved will be monitored using a daily record-keeping checklist designed for fertility treatment.

## Study objective

To evaluate the course of psychological emotions, from the active treatment period until the first pregnancy test result, in IVF patients participating in a randomized controlled trial comparing two different IVF treatments (ENDO-RECEPT).

## Study design

This study is a prospective cohort study.

Daily emotions (i.e. anxiety, depression and positive affect) will be documented during the active phase of the fertility treatment using daily record keeping checklists. These checklists are designed specifically for patients undergoing fertility treatments. In addition, we will measure the cortisol levels from saliva samples at four different time points during the treatment.

# Study burden and risks

The burden of participation equals the filling out of a short daily record keeping checklist during either seven or eleven weeks depending on the allocation for treatment and five mornings of saliva sampling. Participation to this study has no increased risks for the couples undergoing in vitro fertilization treatment. The benefit to the couple is the expected increased insight in the experienced distress during in vitro fertilization treatments. Healthcare professionals can assist their patients by facilitating coping strategies that better fit the demands of the IVF/ICSI treatment and by offering support once outcomes are known.

# **Contacts**

#### **Public**

Academisch Medisch Centrum

meibergdreef 9 Amsterdam 1105AZ NL

#### Scientific

Academisch Medisch Centrum

meibergdreef 9 Amsterdam 1105AZ NL

# **Trial sites**

# **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

# Inclusion criteria

All patients that are participating in the ENDO-RECEPT trial

# **Exclusion criteria**

Patients that are not willing to sign the informed consent

# Study design

# **Design**

Study type: Observational non invasive

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

**Primary purpose:** Other

# Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-06-2013

Enrollment: 150

4 - Assessing the course of psychological emotions and endocrine stress response fro ... 5-05-2025

| Anticipated    |
|----------------|
| , with cipates |
|                |

# **Ethics review**

Approved WMO

Date: 06-08-2013

Application type: First submission

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den

Haag)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL44651.000.13