# Unknown Diabetes in Patients with Trigger Finger

Published: 03-09-2013 Last updated: 24-04-2024

The primary aim is to establish the percentage of patients with unknown (pre )diabetes in the group of patients who present with a trigger finger. Our secondary objective is to relate the outcomes of treatment to the presence of diabetes.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Tendon, ligament and cartilage disorders
Study type	Observational invasive

## Summary

#### ID

NL-OMON38857

**Source** ToetsingOnline

**Brief title** Trigger Finger and Diabetes

### Condition

• Tendon, ligament and cartilage disorders

#### Synonym

stenosing tenosynovitis, trigger finger

#### **Research involving** Human

### **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum **Source(s) of monetary or material Support:** Ministerie van OC&W

### Intervention

Keyword: Diabetes, Trigger finger, Undiagnosed diabetes

### **Outcome measures**

#### **Primary outcome**

Prevalence of (undiagnosed) (pre-)diabetes

#### Secondary outcome

Outcomes of the treatment.

Patient reported:

Q-DASH (Quick DASH-DLV)

Satisfaction (Patient Satisfaction, van Lankveld et al. 2000, JHS)

VAS pain scale

Function:

Range of motion

Precence of a "click"

## **Study description**

#### **Background summary**

It is known that people with diabetes have a greater chance of developing a trigger finger. This known relationship between trigger finger and diabetes suggests that patients who present with a trigger finger, have an increased risk to be diabetic or pre-diabetic. A fraction of this patient group may have unknown diabetes.

Our question is whether there is a substantial number of patients with

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undiagnosed (pre )diabetes in the group of patients who present with a trigger finger.

#### **Study objective**

The primary aim is to establish the percentage of patients with unknown (pre )diabetes in the group of patients who present with a trigger finger. Our secondary objective is to relate the outcomes of treatment to the presence of diabetes.

#### Study design

This is a retrospective and prospective observational study.

#### Study burden and risks

Burden: read information letter and fill out consent form. A finger prick (when inconclusive, a second blood test is done). Filling out three very short questionnaires.

Risk: Negligible

## Contacts

#### **Public** Vrije Universiteit Medisch Centrum

Boelelaan 1117 Amsterdam 1081 HV NL **Scientific** Vrije Universiteit Medisch Centrum

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## **Trial sites**

## **Listed location countries**

Netherlands

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Patients who presented with a trigger finger at the outpatient clinic of the VUmc or The Hand Clinic in 2012 are eligible for this study. Patients are 18 years or older Patients are treated within 6 months after diagnosis with Kenacort injection (once or twice), surgery or a combination of these therapies.

### **Exclusion criteria**

Time between diagnosis and last treatment is longer than 6 months History of/or current serious concomitant disease (i.e. macrovascular, liver, renal, untreated thyroid, malignancy); Pregnancy; Substance and/or alcohol abuse; Unable to fill in and complete informed consent and questionnaire.

## Study design

### Design

Study type: Observational invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Diagnostic	

### Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	18-09-2013
Enrollment:	150
Туре:	Actual

## **Ethics review**

Approved WMO	
Date:	03-09-2013
Application type:	First submission
Review commission:	METC Amsterdam UMC

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

#### In other registers

**Register** CCMO

**ID** NL44530.029.13