# The Dutch CSF and PET Biomarker Concordance of Alzheimer\*s Disease pathology study

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Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Neurological disorders NEC **Study type** Observational invasive

## **Summary**

#### ID

NL-OMON38876

#### Source

**ToetsingOnline** 

#### **Brief title**

Dutch Study on CSF and PET Biomarker Concordance

#### **Condition**

Neurological disorders NEC

#### **Synonym**

Alzheimer's Disease, dementia of the Alzheimer type

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum

Source(s) of monetary or material Support: Farmaceutisch bedrijf MERCK, MERCK

#### Intervention

**Keyword:** Alzheimer's Disease, amyloid-beta, cerebrospinal fluid (CSF), Positron Emission Tomography (PET)

#### **Outcome measures**

#### **Primary outcome**

The main outcome measures are the concordance (diagnostic agreement of reported brain amyloid status) between [18F]Flutemetamol PET and a range of CSF tau:abeta1-42 ratio values that meet independently-defined minimum criteria for a binary classifier of AD (sensitivity \* 0.8, specificity >0.6). This range of CSF threshold values will be determined in a separate study currently underway, using additional independently collected CSF samples. Secondary outcome is the concordance between PET amyloid status and routine CSF abeta 1-42, total tau and p-tau 181 values.

#### **Secondary outcome**

Secondary outcome is the concordance between PET amyloid status and routine CSF abeta 1-42, total tau and p-tau 181 values.

# **Study description**

#### **Background summary**

Neuropathologically, Alzheimer\*s Disease (AD) is characterized by amyloid plaques and neurofibrillary tangles. Development of the positron emission tomography (PET) tracer [11C]Pittsburgh compound-B ([11C]PIB) has for the first time enabled the visualization of amyloid-beta (A\*) in vivo, and evidence shows high sensitivity and specificity in separating AD from controls. However, [11C]PIB-PET can only be used where an on-site cyclotron is available for production, hampering its widespread implementation. [18F]-tracers, which do not require on-site production are therefore more suitable to be used by many more centers and enable studying the discriminatory value in the clinical

setting.

In parallel to amyloid PET tracers, CSF-based biomarkers reflecting abnormalities of amyloid processing in AD brain have been developed and refined for clinical use. Both CSF and PET-based biomarkers are expected to prove useful in defining patient populations appropriate for treatment with amyloid-targeting disease modifying therapy. However, the degree of concordance between specific PET- and CSF-based amyloid diagnostic measurements as proxy for AD pathology is not well established.

#### Study objective

In the present study, we aim to estimate concordance between two biomarkers developed to interrogate the presence of brain amyloid deposition. This includes a new amyloid PET-tracer, [18F]Flutemetamol, and a CSF biomarker The objective of the current study will be to compare [18F]Flutemetamol PET imaging measures of brain amyloid to protein measurements in CSF.

#### Study design

Prospective, observational study

#### Study burden and risks

Risks associated with participation in this study are related to 1) radiation exposure; 2) idiosyncratic reaction to the tracer; 3) placement of an intra-venous catheter; 4) discomfort during scanning; 5) lumbar puncture procedure risk.

- 1) Administration of 185 MBq [18F]Flutemetamol will result in a whole body effective dose of 4.1 mSv. For comparison, the natural background radiation dose in the Netherlands gives an annual dose of 2 2.5 mSv. Thus, the total radiation exposure of the total PET procedure is within an acceptable range of a yearly (unnatural) radiation exposure with a maximum of 10 mSv. In case of previous exposure to radioactivity, subjects will be eligible if the yearly cumulative dose due to exposure to radiation remains below 10 mSv.
- 2) Idiosyncratic reaction to the tracer
  The injected mass of [18F]Flutemetamol PET used in this study is negligible.
  [18F]Flutemetamol PET is a radiotracer that have been used in humans. Side effects have never been reported at the tracer doses used in PET studies. A physician will be available during each injection of the radiotracer.
- 3) Intravenous cannulation There is a very small risk of infection and bleeding associated with intravenous catheters, which are prevented by proper techniques.

#### 4) Discomfort during scanning

It may be uncomfortable to lie motionless in the PET camera and it may cause some subjects to feel anxious. Subjects will be made acquainted with the surroundings beforehand. Our staff will be available to provide support, reduce anxiety, optimise the comfort of the subject and remove the subject from the scanner if requested.

5) LP is performed routinely during screening at VUmc Alzheimer Center, unless patient is not willing to undergo LP or any contra-indications exist. The withdrawal of an extra 2 ml for this protocol is deemed not to cause extra discomfort

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

#### Each subject:

- must be \* 50 to \* 85 years of age;
- is seen at the memory clinic of the VUmc Alzheimer Center upon referral of another clinician and follows the routine screening procedure;
- must have results of routine clinical laboratory tests including a complete blood count (CBC) a physical examination, vital signs within normal limits or clinically acceptable to the investigator within 60 days prior to enrollment;
- must have signed (the study specific)informed consent form, which covers the scope and nature of this agreement before screening assessments;
- must have given additional cerebrospinal fluid for this study and checked "Yes" to the following questions located on page 2 of the general informed consent form of the Alzheimer Center; 'I give my consent for the storage and use of my coded medical information' and 'I give my consent for the collection, storage and provision of coded samples of my cerebrospinal fluid to the Alzheimer\*s Center Biobank and the String of Pearls Initiative Parelsnoer Initiatief for the purposes outlined in the information'.;- The maximum time frame between LP and PET scanning is 6 months

#### **Exclusion criteria**

#### Patients who

- are considered medically unstable;
- require additional laboratory tests or workup between enrolment and completion of the PET scan;
- have a clinically significant infectious disease, including Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) infection;
- are receiving any investigational medications, or have participated in a trial with investigational medications within the last 30 days prior to the PET scan;
- have ever participated in an experimental study with an amyloid targeting agent (e.g. antiamyloid immunotherapy, \*-secretase or \*-secretase inhibitor) unless it can be documented that he subject received only placebo during the course of the trial;
- have had a radiopharmaceutical imaging or treatment procedure within 7 days prior to the PET scan;
- are females of childbearing potential who are not surgically sterile, not refraining from sexual activity or not using reliable methods of contraception. Females of childbearing potential must not be pregnant (negative serum \*-hCG at the time of screening and negative urine \*-hCG on the day of imaging) or breast feeding at screening. Females must avoid becoming pregnant, and must agree to refrain from sexual activity or to use reliable contraceptive methods such as prescribed birth control or IUD for 24 hours following administration of [18F]Flutemetamol;
- are claustrophobic;
- have abnormalities on MRI other than white matter changes or an incidental small lacunar lesion which may can affect Flutemetamol PET scan reading.

- have donated blood within 3 months before the scan day;

# Study design

### **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 21-11-2013

Enrollment: 90

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: [18F]Flutemetamol Injection

Generic name: [18F]Flutemetamol

# **Ethics review**

Approved WMO

Date: 24-10-2013

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 13-11-2013

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

EudraCT EUCTR2013-003733-15-NL

CCMO NL46225.029.13