

# Symphony Trial: Investigating the accuracy and reliability of the Symphony® Continuous Glucose Monitoring System at the intensive care unit

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The purpose of this study is to evaluate the safety, accuracy and performance of the Symphony CGM System in patients admitted to the Intensive Care Unit (ICU). The Symphony CGM system will be evaluated for 24 hours in ICU patients who meet the...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Will not start
<b>Health condition type</b>	Glucose metabolism disorders (incl diabetes mellitus)
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON38929

### Source

ToetsingOnline

### Brief title

Symphony Trial

### Condition

- Glucose metabolism disorders (incl diabetes mellitus)

### Synonym

diabetes mellitus

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Echo Therapeutics Inc. ,EURO 99.475

## Intervention

**Keyword:** continuous glucose monitor, glucose, intensive care unit, non-invasive

## Outcome measures

### Primary outcome

Main study parameters will include reference analyzer blood glucose values, Symphony glucose values and duration of sensor use. The Safety Endpoint will be assessed using a dermatological erythema skin scale. The subject will be evaluated using a four point scale.

### Secondary outcome

N/A

## Study description

### Background summary

Critically ill patients admitted at the intensive care unit (ICU) commonly develop hyperglycemia, hypoglycemia, and glycemic variability following major surgery and medical illness. Continuous glucose monitoring (CGM) in ICUs has the potential to improve glycaemic control and thereby enhance patient safety and outcomes. The Symphony CGM System is a non-invasive transdermal real-time glucose sensor to identify glucose trend data and to help maintain a hospitalized patient's glucose levels in the desired range, while minimizing the risk for hypoglycaemia.

### Study objective

The purpose of this study is to evaluate the safety, accuracy and performance of the Symphony CGM System in patients admitted to the Intensive Care Unit (ICU). The Symphony CGM system will be evaluated for 24 hours in ICU patients who meet the inclusion criteria for the study and for whom glycaemic control is

indicated.

## Study design

Non-randomized, open-label trial

## Study burden and risks

The potential risks related to the abrasion site and sensor placement include erythema (common), skin irritation (common) and infection (rare). The Symphony CGM System has been used in a number of other clinical trials with no adverse events. Blood sampling risks will be reduced by using an existing arterial line during the study period using techniques to minimize the amount of dead-space blood loss. Approximately 1 mL of blood per sample will be discarded, for a maximum of 40 mL blood loss during the study. It is expected that this protocol will yield increased knowledge about the accuracy of the Symphony CGM reported glucose levels and CGM reliability. The scientific knowledge which could be gained from this research is a fair balance to aforementioned minimal risks.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Age  $\geq$  21 years;
- Diabetic and non-diabetic patients with an anticipated stay of 24 hours of admission to intensive care
- Expected to be admitted to the ICU after elective cardiothoracic surgery and expected to require glycaemic control;
- Patient or surrogate understands and signs informed consent document.

### Exclusion criteria

- History of allergic reaction to medical adhesives
- History of allergic reaction to alcohol antiseptic solution or wipes
- Abnormal skin at the anticipated glucose sensor attachment sites (burn, inflammation, infection, rash, and/or tattoo)
- History of severe congenital immunodeficiency or HIV infection
- Pregnant by history or pregnancy test
- Current participation in an industry sponsored drug or device clinical trial during the proposed 24 hour study period
- Any other clinical condition, at the discretion of the physician investigator
- Life expectancy of less than 48 hours
- Patient expected to need an MRI during the 24 hour study period. If patient unexpectedly to need an MRI, the Symphony sensor must be removed prior to the MRI.

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL  
Recruitment status: Will not start  
Enrollment: 23  
Type: Anticipated

## Medical products/devices used

Generic name: Symphony continuous glucose monitoring system  
Registration: No

## Ethics review

Approved WMO  
Date: 28-10-2013  
Application type: First submission  
Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL45661.018.13