

# A single dose Levodopa study to balance goal-directed and habitual behavior in schizophrenia

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to assess whether a single-dose of levodopa improves cognitive symptoms and balances goal-directed and habitual behavior.

|                              |   |
|------------------------------|---|
| <b>Ethical review</b>        | Approved WMO                                |
| <b>Status</b>                | Pending                                     |
| <b>Health condition type</b> | Schizophrenia and other psychotic disorders |
| <b>Study type</b>            | Interventional                              |

## Summary

### ID

NL-OMON39093

### Source

ToetsingOnline

### Brief title

Single-dose levodopa in schizophrenia

### Condition

- Schizophrenia and other psychotic disorders

### Synonym

psychotic disorders

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Nuts-Ohra

## Intervention

**Keyword:** levodopa, Schizophrenia

## Outcome measures

### Primary outcome

cognitive functioning as assessed by a habit formation task and a n-back working memory task

### Secondary outcome

clinical variables as measured by a panss interview and two questionnaires

## Study description

### Background summary

Schizophrenia encompasses positive, negative and cognitive symptoms. While antipsychotic medication generally alleviates the positive symptoms, negative and cognitive symptoms remain unchanged. And this while the latter seem to be the best predictors for long-term outcome.

### Study objective

to assess whether a single-dose of levodopa improves cognitive symptoms and balances goal-directed and habitual behavior.

### Study design

double-blind, randomized, placebo-controlled study with a single dose of levodopa in schizophrenic patients

### Intervention

Admission of a single dose of Sinemet

### Study burden and risks

Overall burden is low. A small risk exists for increasing the positive symptoms. To minimize this risk, the study will be conducted entirely at the

psychiatric ward where the patients are admitted, so that they are under constant supervision.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

All patients will be recruited from the Psychiatry ward of the Erasmus Medical Center, Rotterdam, and diagnosed according to DSM-IV criteria by a senior psychiatrist. Patients will be included if they meet the criteria for schizophrenia. Further inclusion criteria inpatients aged 18-35 years with a diagnosis of schizophrenia, stable on antipsychotic, with illness duration < 5 years

## Exclusion criteria

pregnancy, use of psychotropic medication other than benzodiazepines, serious neurological disorders. Subjects will also be excluded when they cannot understand Dutch language sufficiently to understand the purposes and implications of the experiment.

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Interventional                |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Double blinded (masking used) |
| Control:            | Placebo                       |
| Primary purpose:    | Diagnostic                    |

### Recruitment

|                           |             |
|---------------------------|-------------|
| NL                        |             |
| Recruitment status:       | Pending     |
| Start date (anticipated): | 01-04-2013  |
| Enrollment:               | 30          |
| Type:                     | Anticipated |

### Medical products/devices used

|               |                               |
|---------------|-------------------------------|
| Product type: | Medicine                      |
| Brand name:   | Sinemet                       |
| Generic name: | Levodopa/carbidopa            |
| Registration: | Yes - NL outside intended use |

## Ethics review

|              |            |
|--------------|------------|
| Approved WMO |            |
| Date:        | 02-11-2012 |

|                    |   |
|--------------------|---|
| Application type:  | First submission  |
| Review commission: | METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam) |
| Approved WMO       |   |
| Date:              | 10-04-2013  |
| Application type:  | First submission  |
| Review commission: | METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam) |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID                     |
|----------|------------------------|
| EudraCT  | EUCTR2012-002187-27-NL |
| CCMO     | NL40710.078.12         |