

# Biodegradable self-expandable stents for pancreatic duct strictures due to chronic pancreatitis

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The aim of this study is to investigate the safety and efficacy of biodegradable self-expandable stents in patients with a benign fibrotic pancreatic duct stricture due to chronic pancreatitis.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Gastrointestinal stenosis and obstruction
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON39445

### Source

ToetsingOnline

### Brief title

BSPD study

### Condition

- Gastrointestinal stenosis and obstruction

### Synonym

Pancreatic duct obstruction, Pancreatic duct stricture

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W, De firma Ella-CS, Ella-CS

## Intervention

**Keyword:** Biodegradable stents, Chronic pancreatitis, Pancreatic duct strictures

## Outcome measures

### Primary outcome

The primary outcome measure is safety. Therefore, all complications will be documented.

### Secondary outcome

Secondary outcome measures are;

Successful stent placement

Stent resolution

Clinical success; pain relief

Technical success; stricture resolution

## Study description

### Background summary

A fibrotic pancreatic duct stricture is a common complication of chronic pancreatitis and is typically difficult to treat. Conventional endoscopic treatment consists of the sequential placement of an increasing number of plastic stents for 6 to 12 months, with 3-monthly stent exchanges. In contrast with post-operative biliary strictures, the success rate of endoscopic treatment in this patient group is much lower, and more than half of the patients will eventually undergo surgery.

Treatment with self-expandable stents seems more effective due to the larger diameter of the stent, but the unremovable nature of these metal stents makes them unsuitable for treatment of benign strictures. Therefore, biodegradable self-expanding stents would be the perfect solution for this patient group. Not only would more effective treatment prevent surgery, but also, therapy would be

more patient friendly, because it would involve less procedures.

## **Study objective**

The aim of this study is to investigate the safety and efficacy of biodegradable self-expandable stents in patients with a benign fibrotic pancreatic duct stricture due to chronic pancreatitis.

## **Study design**

This study is a prospective clinical intervention trial, executed in two different centers; the endoscopy department of the Erasmus University Medical Center in Rotterdam, and the Division of Gastroenterology & Hepatology of the University Hospital Leuven, Belgium

After stent placement, patients will be followed for a 1-year period, clinically and with abdominal ultrasound, at 3 monthly intervals. In addition, after 6 months, an ERCP will be performed to evaluate stent and stricture resolution.

## **Intervention**

The intervention consists of the endoscopic placement of a biodegradable self-expandable stent to cross the pancreatic duct stricture. This stent is expected to degrade within 6 months.

## **Study burden and risks**

The study does not cause any additional burden on patients, compared to endoscopic treatment with plastic stents. The stent placement and follow-up procedures are similar to standard clinical care. Participation will even decrease the burden, because 3-monthly stent exchange procedures are not necessary.

The risks associated with participation in the study are not expected to be any different from the complications of regular treatment with plastic stents. Patients might benefit from participation, because the chance of stricture resolution is expected to be higher. Therefore, an operation might be prevented.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

1. A diagnosis of chronic pancreatitis, based on clinical symptoms in combination with morphological changes established by imaging studies (atrophy, calcifications or ductal changes) and/or pancreatic functional insufficiency.
2. A benign fibrotic pancreatic duct stricture.
3. Previous endoscopic dilatation with plastic stents for at least 6 months has failed to resolve this stricture.

### **Exclusion criteria**

1. Age less than 18 years
2. Contra-indication for endoscopy; Roux-en-Y reconstruction
3. Suspected pancreatic malignancy
4. Limited life expectancy due to co-morbidity (< 1 year)
5. Pregnancy

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 12-12-2012

Enrollment: 10

Type: Actual

### Medical products/devices used

Generic name: Biodegradable self-expandable stent

Registration: No

## Ethics review

Approved WMO

Date: 08-05-2012

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 09-12-2013

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

<b>Register</b>	<b>ID</b>
CCMO	NL36060.078.11